

Carrigtwohill Community News

Issue 22
Spring 2013



**Carrigtwohill Under-14 Hurling team who are the 2012 County Champions and League winners.
Selectors are Kenneth Landers, William McCarthy, Donal Harnedy and Cian Buckley,**



Abbvie Presentation to Community Council

In the picture, Philip Holden of Abbvie is presenting a cheque for €10,820.00 to Margaret Searson, Secretary of Carrigtwohill Community Council to enable completion of the footpath at Tullagreine.

The footpath is a Community Council project and the footpath from the IDA gates to the roundabout will be linked to the old road west of the roundabout and will provide off road walking all the way to the Killacloyne junction.

Also in the picture left to right: Sarah Jane Aherne and Karen Hill of Abbvie, Ollie Sheehan and John McCann Community Council and Michael Touhy of Abbvie.

**Tidy Towns
Public Meeting
Tuesday
19th March 2013
in
Carrigtwohill
Community Centre**

Community Council Elections

**Voting from
Monday April 1st to Friday 5th**

**Count on Saturday April 6th
at Community Centre
at 10.00am**

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Skateboard Park.

**Planning application approved
for new facility at the Well
Lane.**

Cork County Council in association with Carrigtwohill Community Council applied for planning permission in July to construct a skateboard park in the Well Lane next to the all-weather facility.

This development, subject to grant and planning approval, is a huge coup for the Community Council as it will be the first of its kind in East Cork.

With no such park in Glanmire, Cobh, Middleton or Youghal this will attract many visitors to the area and will have a very positive social and economic benefit to the area just as the all-weather facility has enhanced our community.

The Community Council has endeavoured to provide such a facility for some time now and we see the Well Lane as the ideal location for children and adults to experience physical activity in a safe environment.

This is an example of how communities working together can be more successful than those that do nothing or leave it to others.

We have a long road to travel before we see a skateboard park in our village but with everything going our way we could have one within 18 months. Unfortunately, County Council funds earmarked for the project area not now available so we may have to wait a little longer.

‘Working together we can do more.’
Get involved in your community;
you’re the one that will benefit.

*Oliver Sheehan,
Chairman,*

***Spread the word at home and
abroad***

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is available on the web***

Download it from

www.carrigtwohillcommunity.ie



WOW. Walk on Wednesdays

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Carrigtwohill Community Centre

Contents

Skateboard Park.....	2
Local Contacts.....	4
Senior Citizens Jamboree in June	6
Carrigtwohill Community Council Car Park.....	6
Your Letters - Age Action, odd jobs for older people ...	8
Harald Kelly says goodbye - Sangart Update	9
Fota AGM Report.....	10/11
Tidy Towns Public Meeting.....	12
Carrigtwohill History with John Harte	13
Car Boot Sales.....	13
East Cork Glenmary Basketball Club	14
Carrigtwohill Monthly Sports Awards	15
Carrigtwohill GAA Club	16/17/18/19
Community Games	20
The Gathering - a poem by Maria Kelleher	22
National Spring Clean in Carrigtwohill.....	23
News from Scoil Mhuire Naofa	24/25
Environment Matters with Mary O'Mahony	25
Cork Cake Craft comes to Carrig.....	26
Walking Leaders Course	26
Carrigtwohill Community Council Elections	30
Election Ballot Paper	31/32
Community Council bid farewell to Harald Kelly.....	33
Castleview Residents Association.....	35
Tidy Towns Awards	35
News from St. Aloysius College.....	36/37
Carrigtwohill United FC.....	38/39
Ladies Football Club.....	40/41
In the Garden with Michael Clancy, Fota Garden Centre	42
SmileFM - your local community radio station.....	42
Fashion with Ann O'Driscoll	44
Ballyseedy BBQ in aid of Down Syndrome Ireland.....	45
Cork Association for Autism - Greenville House	46/47
Carrigtwohill Cultural Street Festival 2013.....	48
Carrigtwohill TaeKwon-Do Academy.....	49
Carrigtwohill Camogie Club.....	50/51
Be Active after school programme	52
ST. Mary's Parish Church.....	56
Index to Advertisers.....	58

Local Contacts

Parish Priest:

Fr. Anthony O'Brien, P.P.,
Parochial House, Carrigtwohill.
Tel - 4883236 or 087-6834193

Curate:

Fr. Gabriel Bourke 4883867
Convent :
Poor Servants of the Mother of God
4883237

Schools:

Scoil Clochair Mhuire (Girls N.S.) - 4883293
Scoil Mhuire (Boys N.S.) 4883271
St. Aloysius College 4883341

Community Centre 4882265
Resource Centre 4883122

Emergency 999
Gardai-
Carrigtwohill 4883222,
Cobh 4908530,
Midleton 4631478
Alcoholics Anonymous - 4500481
ACCORD - (Marriage Counselling) - 025-32249
CURA - (Pregnancy Counselling) - 022-21259
Samaritans (Local Call) - 1850 609090
Crisis Pregnancy helpline 021-4276676
(9 till 5pm)

Doctors

Dr. M. Barry 4883895
Dr. H. Doran 4883176
Dr. B. Jordan 4631234
Dr. P. Kennedy 4883162
Dr. G. McLoughlin 4883162
Dr. Sushil Ranga 4853831
Dr. M. Thompson 4883895
Dental Practice 4533864
Community Nurse :
Resource Centre 4883367

Enquiries about this Newsletter to
Annette Lane
Carrigtwohill Community Centre
Main Street.
021-4882265

Roche's Garage

Phone: 021-4883112 Fax: 021-4883365

Christy Mobile: 086-2577697 Paddy Mobile: 087-2577697

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train station*

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Calling All Senior Citizens

(55 years and over)

Seniors Gathering and Barbeque Song, Music and Dance etc



**Radisson Blu Hotel & Spa,
Little Island, Co. Cork**



**Sunday June 9th 2013 2.00pm to 7.00pm
Tickets €25.00**

As it is the year of The Gathering, let us make it
a Senior Citizens Day to remember!

Further details from Eddie at 086-8124969

Supported by Age Action Ireland



A Carrigtwohill Senior Citizens Promotion

Community Centre Car Park

**2 Hour Parking Only
in Front Car Park**

If longer time needed
Please use parking spaces at side
and rear of building

Do Not Block Entrance or Exit.



Ollie Sheehan, Chairman Carrigtwohill Community Council making a presentation to Harald Kelly, a community activist, on his departure from Carrigtwohill to start a new life in Calgary, Canada



WOW

Walk on Wednesdays

Scoil Chlochhair Mhuire

AgeAction

For all older people

Care & Repair

Free Odd-Job/DIY Service for Older People

Do you have a small repair job that you would like to have done?

Age Action's Care & Repair service uses a pool of trustworthy volunteer handypersons to carry out minor repairs and odd jobs for older people who find it difficult to do these jobs themselves.

Some of the jobs that our volunteers can do include changing light bulbs, minor decorating, hanging curtains, minor gardening, minor carpentry and installing smoke alarms.

The service is free; you only pay for the materials used.

For bigger jobs that are beyond the scope of our volunteers, we maintain a register of reliable and honest tradespersons whose contact details we can provide.

We can also arrange regular social visits to older people.

No job is too small, so call us today!!

All volunteers are Garda vetted and carry official Age Action identification cards.

To arrange to have a job done for you, simply call 021-4536554 and we will arrange to have local volunteers contact you.

Age Action is Ireland's leading charity for older people.

We believe that Ireland should be the best place in which to grow older.

We work to fight discrimination, promote positive ageing and improve policies and services for all older people.

The Care & Repair programme is kindly sponsored by Irish Life

Your Letters.....

Responsible Dog Owners

Hi,

I am a resident in Carrigtwohill and have a dog. I go walking every evening to various parts of the village along with my friend who has 2 dogs. We are very responsible dog owners as we pick up any mess the dogs make.

We were thrilled when the poop bag dispensers were introduced around the village and have been making use of them. We wish a lot more dog owners would use them as we also don't like having to clean up our shoes when we get home.

My issue is that one day we headed off for our usual walk in the evening and we had our own bags in our pockets but before we left our estate (to where there are no dispensers) my bag had to be used as my friend's 2 bags had to be used also.

We were heading to the lake in Carrigtwohill and as we were passing a dispenser we were taking a few bags just in case of any accidents and a resident came to us to see how many we had taken and when we said 2 each he said we weren't entitled to as others were using them also and there would be none left. (There was plenty there).

My friend put hers back but I kept mine. We left him have his rant and walked away. When we went to the lake (fuming that we were verbally attacked) we noticed that one of the dispensers was burnt out by vandals and the other one was empty. As we thought (with 3 dogs) the bags I had on me were used again.

We know there are a lot of complaints about dog owners leaving the mess behind but REALLY when the majority do abide to the rule and get grief for it that's another story.

Kind regards

Tracy & Louise

2 responsible dog owners

Carrigtwohill

Send your letters to carrignews@eircom.net

Phone: 021-4536554

From Carrigtwohill to Calgary

Farewell from Harald Kelly

After twelve years living in Carrigtwohill this strange place is still fascinating to me but it is time to move on with my family.

Yes, strange and fascinating! I don't even refer to the several different name spellings of this little town in the south. Or should I say village?

It is actually all about the people living here and creating this special local spirit!

We only hear of very few communities with so many people making an effort creating a homely environment.

For the last eight years I participated in community activities including taking part in the preparation and implementation of social events like the Medieval Festivals in the past and the Cultural Street-fest last year.

Be rest assured: I met most of them and got to like them, well, most of them.

Many share my opinion Carrigtwohill could be the perfect location for a TV soap running for ages: A community board fighting for grants, services and new members and always up against the mighty bureaucracy and tight-lipped officers, a highly motivated Tidy-Town group fighting against windmills (poetic for general ignorance), a Tuesday Club which makes you wish to reach a really old age in order to qualify for membership, a widely recognized girl's school seemingly specialized on employing model-like teachers, local car-boot sales where you get rid of those unwanted presents and the odd private scandals a viewer needs to stay with the program.

We even have a real grumpy man among us, whose only purpose in life seems to be to make life difficult for others. On the other side, one of the beautiful daughters of the town is successfully dedicated to promote style and fashion - This ensures we have something for everyone.

Hold on: This place is reality! I have to be lucky and feel blessed for having been part of this community together with my family for a dozen of years, no matter of the right spelling. I will miss you all who joined the way with me.

A big Thank you to Margaret from 'Parent & Toddler' who opened my senses to the local dialect and spirit!

And a special thank you to Ollie Sheehan, from whom I learnt to face opposition and still having time to listen to other people's worries.

There are so many people I enjoyed a good chat with or even a pint or two - There was a reason why we met and I will always be grateful having you in my life.

Harald Kelly



Sangart®

Sangart Project Update February 2013

Planning has been granted for Sangart's 10,300 sq.m. biopharmaceutical facility planned for Carrigtwohill, Co. Cork. The project is expected to see up to 125 people employed during construction, with employment for up to 200 people once the project is completed.

Sangart has chosen Carrigtwohill as the location to produce its new, cutting edge blood products – MP4OX and MP4CO. These products will be used to treat haemorrhagic shock from traumatic blood loss and Sickle Cell disease.

MP4OX could greatly increase the chances of survival for people who have suffered significant blood loss, as it quickly supplies oxygen to vital organs following an accident or other potentially life threatening trauma. MP4CO could, for the first time, provide a solution to treating Sickle Cell Disease. It works by delivering therapeutic levels of carbon monoxide to patients suffering from Sickle Cell.

The latest clinical trial for testing the new product, MP4OX recently completed in December. During this phase researchers were expecting to reach targets for cutting down the recovery time for hospital patients following a significant trauma. However, they were pleasantly surprised to find that MP4OX was actually helping to save lives in significant numbers and allowing people to return home to their families.

As a result, a third clinical trial will be expanded to include a wider group of patients and will take longer than anticipated to complete. Phase three of testing is expected to begin in the fourth quarter of 2013. This means that construction on the Carrigtwohill facility will be delayed until the middle of next year, with the facility due to be mechanically complete by the second quarter of 2015. Start up and product validation is now targeted for 2016.



U-14 Hurling Selectors - County Championship and League winners 2012
William McCarthy, Kenneth Landers, Donal Harnedy and Cian Buckley

Fota Rock 2013 AGM

Annual Report

This year a lot of progress has been made in various areas. The board of management met 9 times since the last AGM and progress reports were made at each meeting and a Newsletter was distributed in September outlining the progress made. Updates were also communicated in the Carrigtwohill Community Newsletter. While a lot of progress has been made there are a lot of challenges for 2013 to maintain and improve the estate. As you will see from the report we are already planning for the year ahead.

Boundary Fence issue at the boundary between Fota Rock and the N25.

In 2012 we learned that the plan to have a new two-way parallel road along the southern boundary of our estate was suspended due to "lack of funding" for all major road projects. This road would have included a safety wall/environmental barrier along the full length of our boundary. It was also part of the proposed N25 Carrigtwohill-Midleton Interchange Scheme, which included a grade separated junction/interchange and a series of parallel roads, eliminating all the existing direct access roads onto the N25 between Carrigtwohill and Midleton. In reality when Amgen pulled out from setting up at the Ballyadam IDA site, the NRA's plans to upgrade the road network was suddenly not a priority to them anymore.

As a residential estate with a large population of young children living and playing adjacent to one of the busiest national primary roads in the country, we feel that there are some serious safety concerns regarding the existing timber fence along the boundary.

- Children can easily climb over the timber fence and onto the dual carriageway.
- Vehicles at travelling at 120km/hr could lose control in an accident and end up in the green play areas. Currently only a single crash barrier in place.
- High levels of noise from passing traffic causing sleep disturbance and annoyance.

We had made contact with Senior Engineers in the NRA, Cork Roads Design Office, and the County Council. None of them were prepared to take responsibility and address this dangerous situation by using the excuse of "no funding" and passed the issue on from one department to another in the NRA and the County Council.

We have suggested to them, that the barrier/wall could be built now, as the proposed parallel road and N25 Interchange scheme could be another 10 or 20 years away, who knows?

We wrote to all our local Councilors expressing our safety concerns in detail. Cllr. Noel Collins, Cllr. John Mulvihill and Cllr. Michelle Hennessy responded by giving their full support to us on this issue.

Cllr. Mulvihill has been raising the issue at the monthly meetings of the Midleton Area Committee of County Council, calling for the situation to be fully investigated. The reply unfortunately from their last meeting was still "no funding". Cllr.

Collins has also been regularly keeping us up to-date on his progress with the Council. We, the Residents Association will not take this as a final answer and will endeavor to pursue the issue further until we have achieved a positive result.



During the year we also had a full page article published in the 'Inside Cobh & Carrig' news magazine in which Cllr. Kieran McCarthy and Council Engineer Robert O'Sullivan met with us to see fully extent of the safety issues posed by the inadequate timber fence. Thanks to Jackie and Julia Healy for organising this meeting, which in turn led to the publishing of the article that helped increase public awareness on this issue.

Progress to Fota Rock in 2012:

- Road gully blockage was cleared in Elm Road by the Council.
- Eircom cabinet at the front of the estate re-painted.
- ESB Sub-Station was coated with non-drying paint to prevent access onto the roof.
- Mini pillar box adjacent to the sub-station got a domed cover fitted, to prevent using it as a 'hop up' to the sub-station.
- Dog fouling bag dispenser installed at the Maple road junction. Thanks to Ger Murphy for obtaining it from the community council and also thanks to Donal Higgins for helping with the installation of it.

Proposed Works by the County Council:

We have also been in continuous contact with the Council regarding other issues.

The reason for their delay in addressing these issues was due to them being inundated with complaints about very poor road conditions, so all their crews had to concentrate on improving these roads as a priority over the last few months. They now hope to address these issues early in 2013.

- Road reinstatement works and new road markings from the slip road outside our entrance down to Costcutters.
- Straighten the road signs at the southern entrance.
- 'Children at Play' signs at both main entrances.
- Large Dog Fouling signs in the estate.
- Repair the pavement that has subsided at the bus stop.
- Repair to dip in the road causing ponding and freezing over at Ash road entrance.
- Repair concrete surround to the MH cover at the Eircom cabinet.

Residents Association's Action Plan for 2013:

- Petition to residents for support on the boundary wall/fence issue between the estate and the N25.
- Petition to residents on the need for speed ramps along

the trunk road through the estate, a 2/3 majority is required by the council in order to apply for ramps.

- Increase the political support from Ministers and TD's on the boundary wall issue.
- Maintain the support and relations with the local Councillors.
- Continue to highlight to the Council our concerns with the main entrance being situated on a slip road. The planned road reinstatement works and new road markings for this year by the Council will be massive improvement on the current situation, but it's not a good long term solution.
- Highlight to the Council our safety concerns on the broken fence at the bus stop area.
- Lobby the Council to upgrade the pedestrian pavement from Fota Rock to the Carrigane road junction at the same time as when they are doing the road reinstatement works. The pedestrian pavement is currently in an awful condition with potholes etc.
- Lobby the Council to do a speed review of the main through road in order to have the speed limit reduced to 30km/hr along with the introduction of speed ramps.
- Stone slabs with road names to be cleaned-up and the writing to be blackened in places. (Insufficient funding last year, hopefully it can be done this year if funds allow us)

Litter Clean Up's:

Litter clean up's were on the last Saturday of the each month and in summertime they took place on the last Wednesday of the month. Unfortunately the turnout has been very poor, with only the same half a dozen people volunteering each time, which accounts for less than 3% of the residents participating. Big thanks to those dedicated volunteers, but more volunteers are badly needed, as it cannot be left to the same people to do it every time.

By taking part in the litter clean up's you are showing that you take 'pride in the place where you live'.

We also linked up with the tidy towns committee on a few occasions to clean up the road from the Carrigane road junction to the east bound slip road.

Some illegal dumping of domestic rubbish has taken place in green areas within the estate and the litter warden is currently investigating into it further in order to serve prosecutions. If you see any illegal dumping, please don't touch it, instead you might ring the Litter Warden on 4285417 or else e-mail us at fotarock@gmail.com.

Please note that overflowing wheelie bins are big source of the litter found within the estate which blow around with the wind. Please try not to overflow your wheelie bins and also ensure that the rubbish in the bin is always kept within a waste bag.

Dog fouling is another major problem within Fota Rock, despite the introduction of the dog fouling bag dispenser, it still seems to have had no impact on improving the situation. The green areas and the grass verges along the main through

road are destroyed from it. It's a source of disease to humans including blindness in children and acute gastroenteritis, which could be caused by an irresponsible owner's failure to 'do the right thing'. Hopefully the Council will erect the large dog fouling signs in the estate soon.

Finally, litter clean up's will continue to be on the last Saturday of the month until May, when they will then revert back to Wednesday evenings. Notice of upcoming clean-up's will be displayed at all entrance areas a few days prior, to act as a reminder and please consider helping us by volunteering.

Progress report landscaping and grass cutting:

- 2012 was one of the wettest summers on record in Ireland which made Tommy Murphy's job of grass cutting and weeding very challenging. Under these difficult circumstances I think he did a very good job.
- In Spring 2012 Tommy and his team, along with 6-12 volunteers from Fota Rock, gave 4 Saturdays of their time to cut back the overgrown plants and shrubs on the main road through the estate. Work resumed again in the Autumn when the same team of volunteers spent another 7 Saturdays continuing this work on many other shrubbed areas of the estate. Many shrubs were shredded. Tommy provided all equipment, fuel and labour at no cost.

Items planned to be addressed in 2013:

- Award landscaping contract, once more, to Tommy Murphy. We feel this is of great benefit to the estate as Tommy and his team put in many hours outside of their contract to get the estate looking well. This contract can only be awarded however if more people pay the annual contribution.
- Spring 2013 de-clutter, transplant and re-grass many areas around the estate.

We hope that once all this work is carried out it will be easier to maintain our estate and therefore a few Saturdays every year will only be needed to tidy up the shrubs going forward.

Your help is needed to get us to this stage however. We are appealing to everyone to give a few hours of their time to join the small group of volunteers.

If you can spare some time to keep our estate looking well please let me know after the meeting tonight or call to 13 Ash Road. Tommy provided all equipment and labour at no cost.

Anti Social behaviour:

A public meeting organised by Betty was held with our local Garda Sergeant to discuss all forms of anti – social behaviour. It was clear that he is very under resourced with cover needed from Cobh station in particular. All residents were encouraged to report any forms of anti-social behaviour to the Gardaí. The numbers are Cobh Garda Station: 021-4908530 and Carrigtwohill Garda Station: 021 4883222

Treasurers Report

€6,828.00 was raised from the collections in 2012.

Expenses for the year amounted to just under €7,100 so we

(Continued on page 12)

Fota Rock Residents

(Continued from page 10)

incurred a small deficit.

Many thanks to the contributing residents for their ongoing support. For 2013 it is proposed to raise the contribution to €50 or two €25 payments. This is to take into account the buying topsoil for grassing gravelled areas and the hire of a mini digger to rearrange the planting.

This will be put to a vote at the AGM in February.

Meeting and Contacts:

The board of management meet at the community centre on the last Monday of every month and residents are welcome to attend. If you would like to get involved or to get regular updates, please email fotarock@gmail.com to get on our mailing list or keep an eye out for our leaflets.

Finally, I would like to sincerely thank all the residents who have supported the association so far with contributions. Also the flyer distributors, the fundraising collectors, the litter collectors, the landscapers and the Board of Management.

Your efforts are greatly appreciated.

On behalf of the Board of Management
Fota Rock Residents Association



Tidy Towns – Public Meeting Tuesday 19th March 2013 Carrigtwohill Community Centre

The Tidy Towns Committee will hold a public meeting Tuesday 19 March, 2013 at 8.30pm in the Community Centre.

A slide show of photographs showing the Committee's achievements during 2012 will be shown at the meeting together with an updated Plan for 2013, year 2 of the overall 3 year plan.

Tea and coffee will be available from 8pm.

You are cordially invited to attend and we look forward to meeting you on the night.

*John McCann
Chairman.*

Tenders to be Sought for €17.48M Upgrade of Carrigtwohill Wastewater

We have been notified by David Stanton T.D. of the approval by the Minister for the Environment, Phil Hogan TD for Cork County Council to seek tenders for works on Carrigtwohill Wastewater Plant.

These works, which will cost an estimated €17.48 million, will include the upgrading of the wastewater treatment plant and the three main pumping stations in the town.

The upgrading works will mean the facility complies with the EU's Urban Wastewater Treatment Directive (91/271/EC) ensuring Carrigtwohill's Wastewater services meet national standards for sewerage treatment and effluent discharges.

Carrigtwohill Community News Distribution

This Newsletter is distributed free by volunteers to all homes and businesses in the community.

If you did not get a copy delivered to your home or business, please let us know by telephoning

Annette at the Community Centre (mornings) on 021-4882265
or Dave on 087-6290574 (anytime)

email carrignews@eircom.net.

We are always looking for new volunteers to ease the load on our existing distributors.

If you can help, please make contact on the numbers above.



Carrigtwohill History

Compiled by John Harte

In the village of Carrigtwohill are the remains of a large ruined church originally built by Lord David Barry of Barryscourt with the Franciscan Order as pastors.

This church along with that of Mogeeshah and Templecurraheen were burned by Morrogh O'Brien under Oliver Cromwell's command about 1655.

The faith being strong in the parish, the people visited the many Holy Wells in the district and prayed the Rosary profoundly. This custom continued until after 1829 when the Irish Catholic Emancipation allowed the Irish Catholics to again practice their religion openly and to build their own Churches.

The present Catholic Church in Carrigtwohill built in 1869 stands on the site of the former one built about 1830.

A concrete plaque on the outside wall at the rear of the chancel informs that the church site was donated by Mr. Thomas Forrest apparently landlord of the Carrigtwohill village Estate.

When Mr. Forrest died his agent Mr. Hennessy continued to collect the rent until he died.

The Carrigtwohill Estate is at present invested in the Catholic Bishop of Cork.

Windele the historian who was at Mass in the former church on Palm Sunday 1835, describes the bringing of Palm by the congregation to be blessed.

The present Church was designed by Fr. Matt Horgan while C.C. in Carrigtwohill. It was built by Mr. Newstead of Fermoy.

An inscription over the main doorway reads "Do Dia fa carmuir Muire Naomta" "To God under the patronage of Blessed Mary".

A big part of the Carrigtwohill Estate was acquired by Rev. Fr. Seymour P.P. for Parish use. He in turn granted it to the order of The Poor Servants of the Mother of God for the purpose of building their Convent and for their community use.

St. Joseph's Well Tobar n Daibce or Well of the Vat is applied to the well in the Well Lane.

It was formally blessed by a Franciscan Missioner while giving a Retreat in Carrigtwohill during the mid eighties. Carrigeen Ciarriad is the old name given to Carigane Cross meaning The Kerryman's Rock Cross.

In olden times the place had a stand on Sundays after Mass, and on morning in harvest time, for the Spailpin or wandering labourers from Co. Kerry ready to dispose of their services to the highest bidder.

The name "An Claide Dub" was given to the lone wide Bank of Black Soil stretching from the Well Lane in Carrigtwohill to Barryscourt Castle. It afforded a passage across the old sea estuary in high tide to Barryscourt Castle.

The older folk of the district still remember traversing this passageway while on their way to the beautiful spring well at Barryscourt Castle.

Car Boot Sales

March 17th

April 14th

May 12th

June 9th

July 7th

We have already started the Car Boot Sales for the year 2013. Our first one was held on February 17th. It was a great day with a good turnout of traders and customers.

I would like to thank sincerely those who help out, both in the past and present.

This is all on a voluntary basis and I would encourage anyone out there who might like to give a couple of hours of their free time to help out just once every second month.

It is also a great way of getting involved in your community especially if you are new to the area.

If anyone is interested in coming on board please contact me on 086-3030196.

My name is Margaret Long, Chairperson of Car Boot Sales and also a member of Community Council.

Annette Lane who is the Manager at the Community Centre can also be contacted on 021 4882265.

Court Cleaners

Unit 11,

Carrigtwohill Shopping Centre,

Main Street,

Carrigtwohill

Phone 4883707



Spring Clean-Up

Curtain Cleaning

Eiderdowns & Duvets

Same Day Dry Cleaning

Washing/Drying/Ironing Service

Same Day Swede and Leather Cleaning

East Cork Glenmary Basketball Club

The season continues on with both teams being busy either side of Christmas.

Glenmary Men

Neptune

The men played their final game before Christmas on the 14th of December against one of the strongest teams in the division, Neptune.

The men began the match impressively with John Hartnett and Mike Waldvogel giving the team a 22pts to 18pts first quarter lead.

The team moved into the second quarter with impressive fashion with Kevin Lomasney adding to the lead, however signs of a Neptune comeback was on the cards and the men ended the quarter with a one point lead.

Neptune really hit the straps in the third quarter scoring 25 points unfortunately they only hit 12 points.

With the last quarter tit for tat the men were never able to pull back the deficit and ran out on the losing side 69pts to 52pts.

St. Brendan's, Tralee

Despite this loss the men's team took great confidence from this game.

After Christmas, however their Jekyll and Hyde nature that they have been showing all season reappeared.

With a severally weakened side they travelled to Tralee at the start of the new year.

St Brendan's with all their big guns in place with the exception of Kieran Donaghy started strongly, but Glenmary kept with them all the way to half time. On the resumption of the break St. Brendan's stepped on the gas and with the deeper bench ran out resounding winners.

Crosshaven

The upturn in fortunes began in the men's following game despite not winning the game. The teams defensive solidity returned and they were able to restrict Crosshaven to 45 points.

Despite the efforts of John Hartnett, Mike Waldvogel, Stephen Ryan and Kevin Lomasney they were not as per their previous games able to get past the score line that they had restricted Crosshaven to and lost by 3 points.

Blue Demons A

The following Tuesday the men headed to the Parochial Hall to play the league leaders, Blue Demons A. The men began the game well with scoring contributions again from John Hartnett and Stephen Ryan with the slimmest of margins between the two sides by half time.

Blue Demons powered away at the start of the 3rd quarter and at one point lead by 13 points.

The introduction of Brian Ginn and Aidan Coughlan who put in an outstanding defensive effort gave Glenmary a chance going into last quarter. The men found themselves going into the last minute of the game level.

With both teams spurning match winning plays the game seemed destined for over time, but a final time out with 3 seconds left gave coach Noel Ryan an opportunity of last play. While not the cleanest of last plays, Stephen Ryan managed to get a shot off with milliseconds left to give the men a victory over the league leaders on a score line of 55pts to 57pts.

Corkinfo.pl

The men then met Corkinfo.pl, the ever improving Polish team. Not many things went right on the night and at one point they trailed by 16 points, some strong words and a change of a defensive formation brought the men back to a similar situation they had in the Demons game, unfortunately the end result wasn't the same losing on score line of the 60pts to 63pts.

Ballincollig

At our final game before going to print the men met Ballincollig who are challenging for top spot. Glenmary started the game slowly, however Eoin Lomasney showed some great point guard control and were within close range at the start of the second half.

Kevin Lomasney who was outstanding throughout and Rory Quinlan with some outstanding rebounds brought Glenmary into the game. They kept their lead for most of the 4 quarter and held off a strong comeback by Ballincollig to win on a score line of 59 to 57.

Glenmary Ladies

Glanmire

The Ladies team finished off before Christmas with a game against the premier team in Cork Ladies basketball, Glanmire. When these teams last met the girls were soundly beaten. Playing against a strong outfit Glenmary started fantastically well with Maria White to the

fore, however playing at national league level finally told and Glanmire eased away to a big win,

the score line in the eyes of coach Kevin Ginn wasn't reflective of the efforts the girls put in on the night.



Donoughmore

After the Christmas break the team began the new year with a championship quarterfinal against Donoughmore. The girls in what was probably their best game of the season to date started well with Louise Lane and Lyndsey Horgan adding some scores to great defensive play from Nuala Bourke to give Glenmary an 18pts to 15pts lead. The second quarter continued in the same vain scoring wise with Aoife Bourke hitting some massive 3 point shots and as half time approached Glenmary had pulled into a 7 point lead. In a phenomenal 3rd quarter with Maria White leading the effort at both ends particularly defence gave the ladies a 20pts to 6pts quarter and a 58pts to 39pts lead. With this 19 point lead it allowed the new squad members, particularly Maeve Kelleher to gain vital experience with longer court time. With the new arrivals enthusiasm and controlled play from the experienced campaigner Marion Clifford Cronin, Glenmary saw out the game and moved onto the semi-finals winning the game by 74pts to 51pts.

Glanmire

The following night the ladies met the Glanmire senior team, the ladies started the game from where they set off the night before with Marion Clifford Cronin and some scoring from the bench from Lorraine Mellerick giving the Glenmary team a 17pts to 9pts lead at the end of the first quarter. The second and third quarters were tit for tat with points coming from Louise Lane and Lyndsey Horgan giving Glenmary a 7 point lead going into the fourth quarter. Unfortunately with their exertions from the previous nights game and a level of ill discipline, two players were fouled out, Glenmary couldn't hold out and at the end of regulation time it finished 45pts to 45pts. Their plight continued in the extra period as the inexperienced bench and tiredness of the

(Continued on page 15)

(Continued from page 14)

rest saw the ladies unable to comeback and finished on the losing side by 54pts to 47pts.

While playing fantastically up to Christmas, the ladies confidence has taken a knock in the last few weeks particularly with their first two games in February. Despite players missing due to sickness, injury and work commitments in both games they have always been there or thereabouts.

Mallow

In their first game against Mallow they held their own for the first half but lapses of concentration and effort gave Mallow an 18 point lead. With the introduction of one of the new recruits, Deirdre Morley, they found themselves coming back into the game.

Unfortunately they could not make up the deficit and lost on a score line of 68pts to 58pts in the end.

The same problems raised their head in their second game in February, however they made a positive start and at the end of the first quarter led by four points. They held their own in the second quarter, however the malaise that has affected the team in the last few games came to the fore and a comeback wasn't on this time as they lost on a score line of 49pts to 69pts.

While this may sound like a negative period of time for the girls, they still find themselves second in the senior league (their main league) and comfortably away from danger in the premier league. They also have championship semi final (senior) on the 14th of March against Skibbereen in the Parochial Hall, Gurranebraher.

If anyone is interested in playing, there is an open training session in Glenmary Hall on Mondays for both men and woman from 7.45 p.m. to 9.15p.m.

Men's training is on Wednesday from 7.30p.m to 8.30p.m. which is followed by the ladies team from 8.30p.m. to 9.30p.m. All are welcome to attend.

If you have any further queries please feel free to call to any of our training sessions or visit us on face book at East Cork



Carrigtwohill Monthly Sports Star Awards



Pictured at the launch are Donal Harnedy, John McCann, Leo Spratt, Caroline Dixey and Niall Barrett Chairperson,

We are delighted to announce the launch of the '**Carrigtwohill Monthly Sports Star Awards**'.

The aim of these awards is to reward and recognise sporting endeavour and the outstanding achievements and contributions that both individuals and groups have made to sport and recreation in Carrigtwohill.

The new awards system will accept monthly nominations by 15th of each month from Clubs and individuals via email to the following address:

carrigsportstars@gmail.com

Nominations will be shortlisted and the monthly winner will be announced on March 23rd when we officially launch these awards. The monthly winners for Jan/ Feb will be announced at the official launch at Spratt's Bar.

Each monthly winner will receive a specially handcrafted award, presented by our generous sponsor, Leo Spratt – Spratt's Bar, Carrigtwohill.

An overall 'Hall of Fame' winner and 'Hall of Fame' presentation will be presented at the end of the year.

We are encouraging all clubs and organization in Carrigtwohill to get involved in this worthwhile venture.

If you require further information please contact any one of the Committee:

Niall Barrett – Chairperson
Donal Harnedy
Caroline Dixey
John McCann
Leo Spratt

Carrigtwohill Monthly Sports Star Awards Official Launch

**Saturday March 23rd
Spratt's Bar, Carrigtwohill**

**Nominations by 15th of each month
to carrigsportstars@gmail.com**



Carrigtwohill GAA Club

Pairc Seamus de Barra

www.carrigtwohillgaa.com



1962 Reunion of Minor and Junior Hurlers



Front Row, Left to right: Neilus Kidney, Tom Browne, John O'Connor, Davy O'Keeffe, John Barry, Paddy Roche, Willie Savage, Eddie O'Riordan, Michael John Roche.

Back Row, Left to Right: Sean Twomey, Ollie O'Connor, Pad O'Brien, Michael Finn, Michael Barry, Finbarr Kidney, Tony Kelly, Dave Sheehan, Pat O'Connor, John O'Riordan, Danny Conroy, Matt Fouhy, Tim O'Connor.

A hugely enjoyable re-union of the 1962 minor and junior teams was held in the Community Hall on Sunday January 20th 2013. The event, which was brilliantly organised by our president Eddie O'Riordan and Ollie O'Connor, brought together nearly 30 players from those panels as well as many club supporters. Those teams reached their respective county finals and gave the club a huge boost during a difficult period in our history. Our senior team had been well beaten in the 1960 championship and afterwards the club applied to be re-graded to junior, by-passing intermediate. As Eddie recalled at the re-union, we lost a number of players and officers and it was a challenge to keep the club moving forward.

Eddie, however, was one of those who took up the challenge and on Sunday night a presentation was made to Eddie in recognition of his contribution to Carrigtwohill at that time - and throughout the last 50 years. A presentation was also made to Ollie for his role in organising the re-union and also in recognition of his invaluable work for the club in many different projects over the years.

Among the speakers on the night were John Barry, who captained the 1962 junior team and was also a selector; Davy O'Keeffe, who was the goalie on that team and Billy Savage who played full back in that era.

It was an evening of great yarns and memories - recalling especially the famous East Cork final of 1962 against Castlemartyr which took three matches to resolve.

A great gallery of photographs from that period and previous decades was arranged and displayed by Ollie on one of the walls and that was a terrific focus of conversation.

Music on the night was provided by Ollie O'Brien, Willie

Hogan, Donal Curtin and Michael Cummins while Jim Cooney of Guilders Bar and the catering committee of the Community Council provided the refreshments. Our sincere thanks to all of them. They contributed handsomely to a really special night.



Denis Walsh, current Club Chairman making a presentation to Eddie O'Riordan, 1962 Junior team member and 1962 Club Secretary



Davy O'Keeffe, Paddy Roche and Willie Savage



Neilus Kidney, John O'Connor and John Barry (Captain of the Junior Team – John's late brother, Donal, was captain of the Minor Team)



Paddy Vaughan, current Club Treasurer with Neilly Horgan, star goalkeeper from Carrig teams of the 1950's and Niall Barrett former Club Chairman.



The crowd view the large collection of newspaper clippings and reports.

Poc Fáda 2012

A hugely enjoyable Poc Fáda was held on December 27th with 28 teams taking part in the adult category. The weather was kind once again and there was the usual mixture of craic and skulduggery coming down the road. The course was a little shorter this year because of road-works but Billy Savage's corner proved an ideal starting point.

A total of €1,000 was raised for the Carrigtwohill Senior Citizens which was gratefully received by Eddie O'Riordan.

Special thanks again to Jim Cooney from Guilders who provided much needed refreshments at the half way stage. Thanks also to his brother Edward who provided the beautiful soup.



Billy Savage launches the 2012 Poc Fada which commenced outside his home in Dooneen, under the watchful eye of the Club Chairman, Denis Walsh.



Patrick O'Sullivan, John 'Junior' Buckley and Jim Cooney (Guilders Bar) all in reflective mood, with Faye and Aislinn Cooney at the refreshment station set up by Jim at the half-way stage.

Club Membership - Reminder

Registration for 2013 is now taking place for club members including all players.

Fees have been retained at 2012 rates and should be paid to club registrar, Kieran Gosnell or to any officer of the club.

To further facilitate the process a REGISTRATION NIGHT will be held in the Club Rooms on Friday 15th March, from 7.00 – 8.30.

Presentation to Ger Foley

Mr Foley was honoured by the Carrigtwohill Boys School Parents' Association for his many years of dedication to Gaelic Games in the school in a special ceremony which took place in the school on Thursday Dec 20th, 2012.

The event followed the annual Christmas carol service held in the Parish Church and was attended by teachers, parents and pupils. The mood was relaxed and festive !.

Mr Foley was presented with a Carrigtwohill Club Jersey, signed by the players of the Cork County Senior Hurling Champions of 2011, most of whom were past pupils of Mr. Foley.

Niall McCarthy was on hand to make the presentation with Ms Mary O'Conner, chairperson of the Parent Association. Niall thanked Ger for his role in nurturing the talents and interests of so many of the lads and paid his own special individual tribute.

Ger graciously accepted the gift and said it would find a special place in his home, and that the memory of the County Final win was still a cherished warm memory. Ger modestly spread the credit to other staff members for the support he got in organising games and training for Sciath na Scoil competitions down the years.

Maurice O'Donoghue of the Board of Management thanked Mary and Niall for doing the honours and added his thanks also to Ger.

All present concurred that the recognition was well deserved and very appropriate. Ger will be a hard act to follow – but he is not gone yet !!!

The photo presented carried an inscription
“ A Great Teacher Affects eternity, He Never Knows Where His Influence Stops. “



Niall McCarthy presents Mr. Ger Foley with a Carrigtwohill Club jersey, signed by all the players of the Cork County Senior Hurling Champions of 2011



Boys National School Teachers with Niall McCarthy
 Mr. Bowen, Niall McCarthy, Mr. Foley, Mr. Nolan and Mr. Quigley

Senior Hurling Challenge in Carrigtwohill on 21st February 2013

Carrigtwohill 2-8 - Midleton 1-18

Carrigtwohill senior hurlers shook off the cobwebs with a low key challenge with neighbours Midleton in biting cold conditions in Carrigtwohill.

Carrig introduced some new faces and were competitive in the first half aided by the strong wind but still trailed by 1-6 to 1-5 at the break.

Aidan O'Donnell made an impressive debut and Darren O'Driscoll and Cathal O'Sullivan saw plenty action. Tomas Hogan had Carrig's goal from a penalty. Midleton went on a spree in the 3rd quarter and scored a litany of impressive points - before Carrig rallied to put some respectability on the score board with a late Liam Barry goal. Carrigtwohill will be striving to shake off a lot of rustiness before league action commences on St Patrick's Day against Bishopstown in Carrigtwohill at 11.30.

Team: Shane Devlin, P O'Sullivan, A Garde, J Horgan, P Hogan, R Power, A O'Donnell, L O Sullivan, C O' Sullivan, S Dineen, B Lordan, C O'Connell, D O'Driscoll. T Hogan, S Rohan.
 Subs used: M O'Riordan, L Barry , D Scriven , T O'Connor.

Annual General Meeting

The 2012 AGM was held on Friday 7th. December in the Community Hall.

The following officers were elected for 2013.

Chairman:	Denis Walsh.
Vice-Chairmen:	Michael Ahern & Jimmy O'Reilly
Secretary:	Peter Hogan
Treasurer:	Paddy Vaughan
P.R.O:	Denis O'Mahony
Registrar:	Kieran Gosnell
Insurance Officer :	Ted Carroll

Congratulations

Congratulations to Pat O'Sullivan and William McCarthy who made their debuts for the Cork senior hurlers against WIT and Clare in the Waterford Crystal Cup.

Both players have been rewarded for their consistent excellence for Carrigtwohill in recent seasons.

William is also involved with the Cork U-21 panel.

Juvenile GAA New Year's Draw

1	€200	Novartis Ringaskiddy	Kenneth Kidney
2	€100 Voucher-	Centra Superstore	Joan Rohan
3	€100 Voucher-	Carrigtwohill Pharmacy	Denis Horgan
4	2 Complimentary green fees -Fota Golf Club		Marian & Mike Sheehan
5	€60 - General Electronic Alarms		Leahy Family
6	€50 - Frank Hannigan Pathfinder Partners		Dan Carey
7	€50 - Roma Walsh Physiotherapy Clinic		Michael Fitzgerald
8	€50	Club supporter	Crowe
9	Lunch for 2-	Fota Sheraton Hotel	Brian Daly
10	€25 Petrol voucher -	Roches Garage	Amy Barry
11	1 adult and 1 child pass -Fota Wildlife Park		Pat Brennan
12	2 bottles of spirits-	Sean Barrett Plant hire	Charles osejo
13	2 bottles of spirits-	Healy Bros.	Ben Fitzgerald
14	2 rounds of golf -	Water rock golf course	Leah Buckley
15	Leg of Lamb -	O Briens Butchers	Pat Walsh
16	€50 voucher -	Court cleaners	Michael Hegarty
17	Bottle of spirits -	Co-operative Animal health	John Carroll
18	€30 voucher -	Farm Fresh Butcher	Joan Murphy
19	Morning Meal voucher-	The Elm Tree	Terry Hoare
20	Bottle of spirits-	John Barrett Plant Hire	Wm Jagoe
21	Bottle of spirits -	D. Dennehy Garage	Ger Murphy
22	Bottle of spirits -	Club President	Catherine Mulcahy
23	Bottle of spirits -	Cousins Home	Ronan McCrave
24	Bottle of spirits-	Gaelic Bar	David Fitzgerald
25	Bottle of Spirits -	Guilders Bar	Emma O' Connor
26	Bottle of spirits -	Spratts Bar	Fioan Buckley
27	Bottle of spirits -	Nutribio	Kim Collins
28	Tour of Fota House		Pat Hayes
29	Bottle of spirits -	Club Supporter	Noreen Furlong
30	Bottle of Spirits -	Joe Murphy	Helen Savage
31	€15 voucher -	Jimmy's House of Spice	Darragh Horgan
32	Bottle of spirits -	Franks Takeaway	Mary Ronan
33	Jungle world	Free entry	Ross O' Mahony
34	Costcutter	Voucher	John & Dervla Buckley

Thanks to all our sponsors and supporters

Carrigtwohill GAA Shop

New Club Jersey now available.



www.carrigtwohillgaa.com/shop

Saturday Morning Training Resumes

Saturday Morning training for boys aged 6 to 12 years old will resume on March 23rd at 11am in the GAA Field.

The club is looking forward to seeing all the lads from last year and a special welcome to all the boys who are just starting this year.

The registration of all players will take place at 10.30am on the 23rd before training commences.

U-16 Hurling Challenge v Tallow in Tallow on 3rd March 2013

Tallow 2-11 Carrigtwohill 2-15

It was a cold day in Tallow for our second challenge game of the year.

We started brightly getting great scores from Butty, Daire Crotty and Conor Keagan.

We left Tallow back into it before half time and we only led at half time by 3 points.

The movement from our forwards was unreal and our goalkeeper Stephen picking out players with ball was very good. With Bav at centre back cleaning up in the second half and holding it all together, we got out of there with a win by 4 points in what was a tough game. We went down with 18 players and everyone got a run.

U-14 Football League v Killeagh/Itas in Carrigtwohill on 22nd February 2013

Carrigtwohill 11-8 Killeagh/Itas 2-2

This match was played under lights in Carrig's main pitch. Carrig dominated this game from start to finish and led 6-4 to 0-0 at half time. Early goals from Carrig killed this game off.

Carrig very strong up the middle with Aaron Walsh, Liam Gosling, Brendan Twomey & Daragh McCann all playing very well.

U-14 League v Fr O'Neills in Fr O'Neills on 17th February 2013

Fr O'Neills 7-2 Carrigtwohill 5-7

The first outing of the year had a very good turnout of over twenty players.

The game was played on a windy day, which was bound to affect the scoring. After a slow start we upped the tempo and led by 3-5 to 2-2 at half time.

We let in four soft goals early in the second which cost us. We rallied and got within one point but we couldn't get the equaliser. A great effort nevertheless

Carrigtwohill Community Games



Active



Lives

healthy body



It's that time of year again and following our A.G.M. in January we decided to kick start the season with the Art Competition.

At National level there are a number of changes to the normal community games activities, where a lot of events have been set aside and many new activities have been added.

This is being done on an experimental basis.

The National & Munster timetables have also been changed, with just 2 weekends of National Finals in 2013 as opposed to the usual 3 weekends. At Munster level the customary date of 2nd Saturday in July has now been changed to **Saturday 29th June 2013.**

The following officers were elected at our A.G.M.

Chairman:	Jimmy O'Reilly
Vice Chairman:	Eddie Murphy
Secretary:	Catherine Ryan
Assistant Secretary:	Carmel Bourke
Treasurer:	Anna Fitzgerald
Assistant Treasurer:	Margaret Higgins
Youth Officer:	Lisa Fitzgibbon

The following is a brief summary of events and dates for the National Finals 2013: -

Weekend 1 - will take place at AIT (Athlone Institute of Technology) 24th to 26th May 2013

- Art, Cycling, Duathlon, Gymnastics, Handwriting, Judo, Model Making, Swimming, Solo Dance, Solo Music, Solo Recitation, Solo Singing.
- Badminton, Chess, Choir, Cross Country, Debating, Draughts, Handball, Indoor Soccer, Mixed Distance Relay, Project, Rugby (Hybrid, Mini, Tag), Table Quiz, Table Tennis, Group Dance Irish Contemporary, Group Dance Modern Disco, Drama Comedy Sketch, Group Music, Group Singing, Set Dancing.

Weekend 2 - will take place at AIT (Athlone Institute of Technology) 16th to 18th August 2013

- Athletics Track, Field, Relay and Marathon
- Basketball, Camogie, Culture Corner, Futsal, Gaelic Football, Hardcourt Tennis, Hurling, Pitch & Putt, Rounders, Throw Ball (Rounders), Skittles, Soccer Outdoor, Spike Ball, Variety

You can get full details on www.communitygames.ie

Art Competition

The local art competition always has a huge entry, this year was no exception. It was run off in conjunction with both primary schools. Again the standard was high so much so we had to award extra prizes. Thanks to Art Teacher, Mary O'Shea for her assistance in judging the competition. Thanks to all the children for their participation and congratulations to the medal winners, they were as follows: -

Girls:

U8

1st Aoife Ahern, 2nd Alannah Rose O'Connell, 3rd Sadhbh Sharing 4th: Ruth Ahern, Leah Ellen Maher, Eva Fitzpatrick, Olivia Crean.

Sharing 5th: Róisín O'Sullivan, Tara Quilligan, Sarah Bernard, Eorann McGrath.

U10

1st Una O'Brien, 2nd Paulina Lachmann, 3rd Ciara Walsh Sharing 4th Bronagh Cullimore, Julyia Zliobaite, Heliise Loore Vahi

Sharing 5th: Hazel Nolan, Leah O'Sullivan, Aleeyah, Abbie O'Connor.

U12

1st Justyna Leonwk, 2nd Lydia Imasogie, 3rd Eve Willcock Sharing 4th Rebeka Cashman, Rachel Coady, Saoirse Deane Sharing 5th Jennifer O'Neill, Wendy Abanum, Helena Marie Vahi, Kate Boland.

U14

1st Susan Higgins, 2nd Kate Bourke, 3rd Chloe Cashman Sharing 4th Ciara Wilkinson, Fiona Hyde, Sharing 5th Áine De Búrca, Grace Cotter.

Boys

U8

1st Daniel Cunningham, 2nd Charlie McCarthy 3rd Keelan Aylward

Sharing 4th Adam Murphy, Alex Kingston, Alex Delaney, Liam Casey.

Sharing 5th Cian O'Rourke, Jake Ryan, Tadhg Sullivan, Mark O'Keeffe.

U10

1st Adam McCann, 2nd Daniel Imasogie, 3rd Oisín Lynch Sharing 4th Liam Scriven, Darragh Hannigan, Sharing 5th Jericho Comez, Mark O'Connor.

Boys U12

1st Kevin Liu, 2nd Séan Walsh, 3rd Darragh Cullinane Sharing 4th Ben Naughton, James Barry, John Nolan Joint 5th Oscar Cahalane, Tobi Fawole, Niall Hannigan.

(Continued from page 20)

U14

1st Aaron Hutchinson, 2nd Alan Warren, 3rd Daniel Quilligan
4th Cillian Carroll.

Those who qualified (1st & 2nd place) will go on to represent us at the County Finals, which will be held in Scoil Chlochair Mhuire, Carrigtwohill on Saturday 9th March.

We wish them all the very best of luck.

Upcoming Events:

It is hoped to commence Rounders & Skittles early in April. Our Church Gate collection is on the 27 & 28 April.

If you have an interest in competing in any Community Games activity and are aged U8 to U16 and you live in the parish, you can contact any of the under mentioned for more details: -

Anna Fitzgerald
4883484

Jimmy O'Reilly
4883487

Catherine Ryan
4883472



Ollie O'Connor getting a presentation from Carrigtwohill GAA Club Chairman Denis Walsh at the 1962 reunion

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How beautiful do we want to be?

I am not even sure I do it right, but I try to save the planet. Okay, may be not the entire planet, to begin with Carrigtwohill is fine for me. One reads and hears so much about recycling that it makes one dizzy and in the end it leaves you feeling guilty for not doing more.

There are a few recycling containers behind our Community Hall. That's it. For all of us.

Despite the hidden location at least a few of our residents take advantage of them. When they meet someone else getting rid of glass bottles and jars, there seem to be a kind of bonding, only visible to the sharp eye of an observer.

It would not be just a simple "Hiya" or "Not too bad today", no, most commonly it comes with a quick glimpse and a hint of a reminiscent smile, reminding of acknowledgments between secret service agents in old movies.

You might translate it into: "We, the real goodies against the rest of this filthy, careless, uncivilized, not recycling society!"

Most people don't really see the sense in recycling whatever waste they produce. They seem to feel we are doomed anyway and the last thing they want to be seen with are these boring tree hugger and do-gooders.

As long as garbage bags fit through their car window while driving across our country side they don't worry too much about anyone's future.

I know what I am talking about since Woodstock Road, where I lived, is popular for publicly exposing goods which have no place in bins, especially of certain people living in the Leamlara region.

It strikes me that we are against public dumps anywhere but don't mind so much the questionable beauty of cans and tin foils sparkling in the sun right and left of our country roads.

Where, please, is the voice of our new generation we seem to put our hopes on?

Are they too busy with computer games, Twitter and Facebook?

Don't they mind while we destroy their future environment?

By Harald Kelly

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The Gathering

I

This 2013 is The Gathering year
We invite all the Irish home
To find your roots from whence you came
No matter where you roam
To see again the place you left
When you were young and free
And childhood dreams you soon realized
The far off lands to see.

II

We welcome you home to Ireland
Where the fields are fresh and green
The dear place of your sireland
The loveliest ever seen.
Sparkling lakes and mountains blue
Music, song and stories
Meeting up with all the neighbours
And toasting Ireland's glories.

III

We'll take you to Killarney
And to kiss the Blarney Stone
And to our Tipperary homes
Where you'll never feel alone.
From the hills of Donegal
Right down to the County Clare –
Where the River Shannon flows
You'll be welcome everywhere...
everywhere.

Written by:
Maria Kelleher



Eddie O'Riordan and John Barry at the
1962 GAA Reunion

National Spring Clean in Carrigtwohill

Friday 29th March 2013

The National Spring Clean is Ireland's largest anti-litter initiative organised by An Taisce and runs throughout the Spring every year with clean-up events taking place all over the country.

The Tidy Towns Sub Committee of Carrigtwohill Community Council has organised a clean-up of all roads in the entire parish area for week ending Friday 29 March, 2013.

You are invited to participate in the clean up by either

- (a) Joining the volunteers at the Community Centre at 10.30am. on Friday morning where you will be delegated an area to clean up or
- (b) Clean up your own local area, which you can do at any time up to

Friday 29th March, 2013.

Clear litter bags are available in the Community Centre and can be collected from the Hall Manager.

**Please note that only street rubbish
is to be collected.**

Household rubbish will not be accepted.

It is important that you would segregate the litter for recycling where possible.

Collection of the rubbish can be managed by either bringing it directly to the Community Centre or telephoning the Hall Manager to arrange for the bags to be picked up. Telephone Number is 4882265.

**Children with their parents are especially
encouraged to participate in the
National Spring Clean Up.**

Please take care on the public roads and wear a High Visibility vest to make sure that passing motorists can see you.

News from Scoil Mhuire Naofa

Boys National School

Rap

RAP is continuing for Rang 4 - Rang 6 at the moment. GMC (Garry McCarthy) has completed the first workshop with each class and their tracks have been recorded. Fantastic work has taken place and the boys have learned about the history and origins of rap music. They have also worked very hard on rhyming and rhythm to come up with an excellent finished product. They are now working on their second tracks and hope to be finished them in the next two weeks. Their first tracks can be listened to on our school Website

www.carrigtwohill.com

Community Games Art Competition

Well done to all the boys who entered this year's Community Games Art Competition.

On February 26th, Catherine Ryan, Anna Fitzgerald, Jimmy O Reilly and Carmel Bourke (Carrigtwohill Community Games) visited our school to present medals to all the winners and runners up. The high standard of all entries was noted.

Congratulations to all the winners and runners up, and the very best of luck to the boys who go forward to represent Carrigtwohill in the County Final.

To see all the medal winning pictures visit our school website

www.carrigtwohill.com

Walk on Wednesday

Wednesday February 20th saw Scoil Mhuire Naofa resume its Walk on Wednesday initiative. This initiative aims to promote walking all, or some of the way to school.

The boys continue this walk when they reach the school around the GAA grounds until School begins. WOW is part of our Green Schools and Active Schools Programmes.

Walk On Wednesday will continue, each Wednesday until the Summer Holidays. (Weather Permitting!!)

Pictures and video clips of our Walk on Wednesday can be found on our school website www.carrigtwohill.com

Rang 4 Indoor Hurling

Congratulations to the 4th Class Premiership Indoor Hurlers who won the East Cork Regional Finals played in Carrigtwohill on February 19th.

The Boys played a total of 4 games, winning all 4.

The quality of play and skills displayed was a credit to all the players involved.

The team defeated Midleton CBS and Rushbrooke NS in their group games scoring a total of 13 Goals.

In the Semi-final, the boys played St Josephs' Cobh and were victorious scoring 8 goals. In the final, the boys met a very strong Rushbrooke team. The match was played at a very high standard and Carrigtwohill emerged victorious.

The school are very proud of the teams' achievements and we now look forward to the County Finals, which will be held in March

The 4th class Championship Indoor hurlers also had a great tournament. They won all three of their group matches and qualified for the final. Unfortunately they were defeated by a narrow margin in the final. The whole school are very proud of the boy's achievement.



Rang 4 Indoor Hurling Premiership Team



Rang 4 Indoor Hurling Championship Team



Community Games Art Competition Medal Winners

(Continued on page 25)

(Continued from page 24)

Green Schools Flag

In January we had a visit from the Green Schools Environmental Officer. The whole school, led by our very enthusiastic Green Schools Committee had been working very hard to reduce our waste out-put and to focus on our "Green Code"

Lets Work Together, Be Part of the Team
To Make our School, Really Green!
Reduce, Reuse, Recycle

We have recently been informed of the Fantastic news that our School Has been awarded our First Green Flag. Well done to everybody and we look forward to celebrating when we proudly raise our flag for the first time

Annual Pancake Party



On Shrove Tuesday we had our Annual Pancake Party in School. This year we were raising money for the Children's Leukaemia Association. Harry Hippo was on hand to help with the Celebrations.

All the classes in the school were invited to the halla to sample some delicious pancakes.

A Big Thank you to the Parents' Association and to the boys from Rang 6 for making the occasion such a success. It certainly was a scrumptious day in school!!

Seachtain na Gaeilge

Seachtain na Gaeilge takes place from March 4th – 17th and our school is planning a number of events.

Tráth na Gceist, Scannán Gaeilge, Comórtas Ealaín Seanfhocail, Tóraíocht tasice, céilí mór agus a lán rudaí eile. Beidh a lán spórt agus craic le gach duine!

Scoil Mhuire Naofa

Website: www.carrigtwohill.com

Telephone: 021 4883271 Email: office@carrigtwohill.com

We would like to take this opportunity to remind people to use our school website to keep up to date with our school news. We have a comprehensive website which is updated regularly and contains photographs, videoclips, music, pupils work, upcoming events and class webpages. It also contains valuable school information, calendar of events and school policies.

Environment Matters

By Mary O'Mahony

Roads

The recent bad weather has played havoc with our roads again. The new machine is doing good work and seems to do a better job. The problem is it is not getting around fast enough to repair the large amount of potholes in the area.

If the potholes in your area are not on the list please ring me at 086-1695119.

The good news is that we can look forward to the eastern end of the village being resurfaced this year from Costcutters shop to the exit on the dual carriageway in front of Fota Rock Estate. However we will have to wait until next year to get the remainder of the main street going west resurfaced.

Flooding

Major flooding during the recent bad spell of weather caused serious flooding on the hedgy borreen.

Negotiations are ongoing between the County Council and the IDA as this problem is costing the County Council money which they cannot afford. It is in everyone's best interest that the problem would be resolved as soon as possible.

We will be keeping the local residents informed of the progress as they have experienced a lot of inconvenience over the number years.

Dog Fouling

There has been a great improvement on the footpaths and walking routes making it safer and more pleasant for walkers especially for those whom it is essential for health reasons to get regular exercise.

The dispensers are always full and there is a responsibility in each area to making your area clean.

However if you find any reason there are problems please report to the office at the community hall.

Tidy Towns

I would like to say well done to John McCann, Eileen Stoap and the Tidy Towns committee that I had the pleasure of being involved with during the past year and I look forward to the coming season.

What a difference 6 months made to the look of the entire village when everyone worked so well together, well done to all!

Did you forget something?



Take pride in YOUR environment

CLEAN UP AFTER YOUR DOG!

or face a €150 on the spot fine

Cork Cake Craft

3D East Link Business Park,
Carrigtwohill



Cork Cake Craft is a new and exciting store that has opened its doors in October 2012.

Two budding entrepreneurs saw a niche in the sugarcraft market and began the project that today is Cork Cake Craft,

The shop has a positive energy throughout with its funky colours and vast range of stock.

Products which cater for the beginner's right up to the professionals of the industry. From cake boards and boxes to various moulds, cutters, icings, cupcake cases, candles, food colourings and flavourings just to mention a few, Cork Cake Craft is a one stop shop for everything you need to create magnificent cakes for all occasions. The staff in the shop are friendly and can advise you down to the last little detail. What makes Cork Cake Craft unique is the warm and welcoming atmosphere within the store, whether you are in to ask advice or purchase products you are always welcomed with a smile and an amazing selection of product to create your own masterpiece.

The staff is dedicated to making your experience as pleasant as possible, they can advise you on the different tools, techniques and tricks of the trade that you may need to achieve the look you want and create the WOW factor for your family and friends.

Cork Cake Craft also offers a wide variety of classes and workshops for both children and adults, Classes are catered to suit all levels from the complete beginner to the more advanced cake enthusiasts.

The classes range from 5 week courses, which cover all aspects of cake decorating, to one off full day workshops concentrating on certain areas of cake decorating.

So why not pop in and say hello to the Cork Cake Craft team and support your local sugarcraft store, with the current economic climate now is the time more so than ever to support your local stores.

The staff at Cork Cake Craft have no doubt you will return time and time again with a growing love for the art of sugar craft!

You can also find Cork Cake Craft on Facebook where you will find a full listing of their upcoming classes and competitions.

Their Website is currently being created and will go live in the near future, you will be able to find the store at www.corkcakecraft.ie.

Contact them on the telephone at 021-4287225



"Your Community Needs You!!"

Irish Heart Foundation Walking Leaders Training Weekend 24 - 26th May 2013

The HSE South Health Promotion Department support a number of community walking groups throughout Cork city and county. We are currently looking for volunteers to lead walking groups in local communities in Cork.

The walking groups would meet on a weekly basis at an agreed time and meeting place and would be open to all those in the community from beginner walkers upwards.

Training to become a Walking Leader is run by the Irish Heart Foundation and takes place in Ballincollig on the 24th – 26th May.

Caroline Kelleher, Health Promotion Officer for the HSE said "There are over 15 walking groups throughout the city and county that we support; each of them is a great asset to their community offering people the opportunity to get out and about in their locality and get the physical, mental and social benefits that come from walking!

We are funding places on the training course for those who can make a commitment to leading a weekly community walking group in their local area where there isn't already a current walking group."

For further information on the training please contact;

Caroline Kelleher,
Health Service Executive South,
Health Promotion Department,
Eye, Ear & Throat Hospital,
Western Road, Cork.

Tel: 021-4921667

E-mail: Caroline.Kelleher@hse.ie

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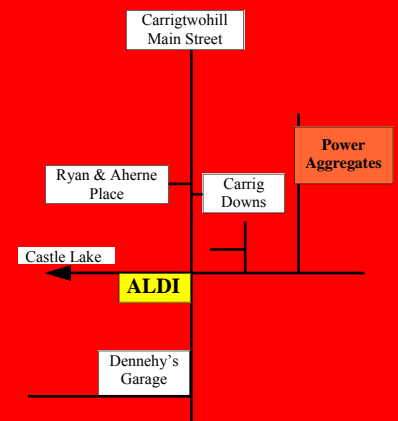
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Carrigtwohill Community Council

Election of New Council Members Spring 2013

An Election to Membership of the Community Council will take place on week ending Friday 05 April, 2013.

Membership is confined to people who are over 18 and live within Carrigtwohill parish.

New members will be elected for a period of three years.

To ensure the widest possible representation the electoral area has been divided into the following districts which are shown on the ballot paper:

- A. Castlevew.
- B. Ballyvodock, Ballyannon, Baneshane.
- C Fota, Rossmore, Barryscourt.
- D Ballinabointra, Burgessland, Clyduff, Ballyadam, Carrigane.
- E Ballyrichard, Waterrock, Curragh.
- F Tullagreine, Killacloyne, Ballynoe, Annegrove, Terrysland
- G Ballintubber.
- H Maryville, Ahern & Ryan Tce. Tara Court, Ban na Greine, Ard Charraig
- I West End, Kent Tce., Carrig Downs, Main St., Carrig East, Carrigane South.
- J Chapel Lane, Church Road, Pearse Place, Cois Carraig, The Rock, Ashbrook.
- K Springhill. Ballyregan, Ballinbritig, Renasallagh, Clooneen, Tibbotstown, Forrestown, Carhoo, Labaun, Garrycloyne
- L Ballyleary, Lackabeha, Gurranses, Longstown, Gortnamucky, Fahydorgan, Ardglass, Woodstock.
- M Rocklands, Fota Rock.
- N Cul Ard, Cluain Cairn
- O Castle Lake.
- P Castle Lands

You may vote for any eligible person from within your district.

Outgoing members of the Community Council are eligible for election.

You may vote for up to four people in your own district.

As it would be impossible to distribute ballot papers to each eligible voting member of every household, only one ballot paper is included in this newsletter.

For any household wishing to have voting papers for eligible household members, further ballot papers will be available in the Community Centre office.

Please tear out the ballot paper, complete the nomination process and return to the Ballot Box.

Secured Ballot Boxes for the return of the completed ballot papers will be located in local shops and at the Community Centre and will be there for the entire week commencing on Monday 01 April, 2013.

The Community Council is hopeful that every household will complete at least one voting paper.

Votes will be counted in the Community Centre on **Saturday 06 April, 2013** at 10am and an invitation is extended to all residents of the parish to attend at the count.

Carrigtwohill Community Council Election 2013

BALLOT PAPER

Please enter hereunder your choice of up to 4 persons to represent your district in the boxes opposite.

Districts		Name and Address of Nominee	Phone Number (Where known)
A	Castleview		
B	Ballyvodock, Ballyannon, Baneshane		
C	Fota, Rossmore, Barryscourt.		
D	Ballinabointra, Burgessland, Clyduff, Ballyadam, Carrigane		
E	Ballyrichard, Waterrock, Curragh.		
F	Tullagreine, Killacloyne, Ballynoe, Annegrove, Terrysland		
G	Ballintubber		
H	Maryville, Ahern & Ryan Tce. Tara Court, Ban na Greine, Ard Charraig		

Carrigtwohill Community Council Election 2013

BALLOT PAPER

Please enter hereunder your choice of up to 4 persons to represent your district in the boxes opposite.

Districts		Name and Address of Nominee	Phone Number (Where known)
I	West End, Kent Tce., Carrig Downs, Main St., Carrig East, Carrigane South		
J	Chapel Lane, Church Road, Pearse Place, Cois Carraig, The Rock, Ashbrook.		
K	Springhill, Ballyregan, Ballinbritig, Renasallagh, Clooneen, Tibbotstown, Forrestown, Carhoo, Labaun, Garrycloyne		
L	Ballyleary, Lackabeha, Gurranes, Longstown, Gortnamucky, Fahydorgan, Ardglass, Woodstock.		
M	Rocklands, Fota Rock.		
N	Cul Ard, Cluain Cairn		
O	Castle Lake.		
P	Castle Lands		



Farewell to Harald Kelly

Community Council Members and friends bid farewell to Harald at a function
in The Fota Island Hotel



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Thur.	12.30 - 2.30.pm	Thur. 5.30 - 10.30.pm
Fri.	12.30 - 2.30.pm	Fri. 5.30 - 10.30.pm
Sat.	12.30 - 2.30.pm	Sat. 5.30 - 10.30.pm
Sun.	Closed	Sun. 5.30 - 10.30.pm

A Legend in Fast Food

Carrigtwohill TaeKwon-Do Academy

Martin Williams 4th Deg Black Belt

From J H Kim world headquarters Boston USA

Martin was in Carrigtwohill for 3 days to conduct a very detailed seminar on TaeKwon-Do street defences, grappling and full range sparring.

We are the only Taekwon-Do School in Europe doing this type of reality training .

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Castleview Residents Association

John Buckley - An appreciation

It was with great sadness we learned of the recent death of our current chairperson John Buckley.

John was one of the founding members of our association back in the early 1980's and he also re-instigated the association after a number of years lapsed. For

most of his time in the residents association John led from the front as chairperson and many of the improvements we now see are the results of his drive, enthusiasm and dedication for the residents association.

We fondly remember John for his help, encouragement and assistance throughout all the years.

To Jenny, Vicki and Sean we offer our sincere condolences on his passing.

Annual General Meeting

Castleview Residents Association Meeting will hold its annual general meeting on Monday 25th of March at 8 p.m. All residents are welcome and encouraged to attend.

Council - Footpaths and Roads

A number of the committee members have liaised with Councils local executive engineer with regard to any improvements that could be done to the roads and footpaths in the estate. Unfortunately the government have reconsidered the criteria for the community involvement scheme. We hope to liaise with the Council in the coming months in a bid to progress the matter.

Amenity Grant

The Residents Association also applied to the Council last year for an amenity grant to assist the residents association with its funding for other works in the estate. Following recent contact with County Hall we hope to get news soon on whether this application for the grant has been successful.

Future Work

The current resident association committee are considering when best possible to start a tidy up at the bottom of Castle Avenue green. The erection of fencing in this area is also being considered.

We also intend to do some painting work on the walls and hope to do a clean up of the estate in general when the days get longer. As always any help is appreciated and all residents will be notified in due course.

Tidy Towns Awards



Pride in Our Community, County Cork

Dr. Mary Stack of Environment Directorate Cork County Council presents Runners up Best Large Town Award to Eileen Stoap and Dave Walsh of Carrigtwohill Tidy Towns Committee.

Also in picture Sean Murphy, President Cork County Federation; Cork County Mayor Cllr Barbara Murray and John Hogan, National President Muintir na Tire



Cork County Mayor Cllr. Barbara Murray presents an award for the most improved town in the Cork County Council Anti Litter Challenge 2012 to Carrigtwohill Community Council Tidy Towns Committee.

Pictured are L to R: Eileen Stoap, Margaret Searson, John McCann, Cllr. Barbara Murray, Mary O'Mahony and Dave Walsh.

Contact Tidy Towns Committee

John McCann, Chairman

Phone: 087-7749052

e-mail: jmc.prm@gmail.com

Eileen Stoap, Secretary

Phone: 086-8337684

Email: ebcstoap@gmail.com

News from St. Aloysius College Carrigtwohill

A Centre of Academic Excellence and Social/Personal Development



The Million Word Challenge.

A special class of students, Rang Nicole in first year have just begun one of the most exciting and inventive reading challenges ever.

Armed with a long list of authors covering popular fiction, stories, drama and hobbies these intrepid bookworms will aim to peruse a million words over the next six weeks.

For this exciting venture, all students will record the amount they read daily. Hoping they are equally as good at calculating, the girls will tally their totals weekly and the results will be recorded on a 'thermometer'.

The aim of the project is to encourage reading for pleasure and foster a love of the written word.

It is anticipated that the enthusiasm surrounding the endeavour will swell the traditional interest in reading and literature among students and staff.

Best of luck to all those involved!

Putting on a Show.

Following a beautiful performance by the school choir, 'Cor Na Carraige' on the 'LATE LATE SHOW' toy show where Edel Cashman (transition year) wowed everyone with a fantastic solo, the transition years put on a spectacular performance of the popular musical, 'Les Mis' in January.

This year it was a feast of musical talent and a great showcase for the fantastic enthusiasm of this year's group.

After weeks of long and hard rehearsals and long days put in by the backstage crew, the girls played to a packed hall on the nights of the 28th, 29th, 30th and 31st of January.

The well known story was ably brought to life by the whole cast and most notably by the main characters. Jean Valjean was played by Laoise Kelleher and Emma Creanor played Javert. The child Cossette and grown Cossette were played by Sarah Mennis, Sinead O'Driscoll, Leah Bashford and Edel Cashman.

Thanks must go to the school's music teachers, Patricia Sheehan, Lorena Gillard and Ellen O'Keeffe who put in a huge amount of work to make it such a success and also to Philip McTaggart and Aileen Coffey who created the choreography.

Well done to all involved!

JUNK KOUTURE

Re-Use Re-Cycle Re-fashion:

Recycled Fashion Competition

Exciting news for St. Aloysius' College, Carrigtwohill.

Six students have progressed to the South Regional Final of this competition. An amazing achievement for the students as there were 3,000 entries in the first round. The competition, sponsored by the European Recycling Forum encouraged students to only use recycled materials in their designs. Creativity is in high demand as students use paper, plastics, electrical waste and metal for their outfits.

Best of luck to the following students and their designs. The final takes place in the University Concert Hall Limerick on Thursday 14th March,

Amy Ryan "Extinct"

Faye Cooney "All the Lights"

Ellen Cahill "Kitty"

Ashley O'Donoghue & Yasmin Lahique " Fairy Tale Ending"

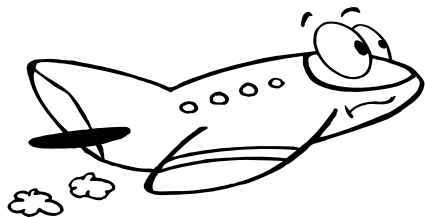
Deirdre Keane " Snaking Up the Fashion Ladder."

Laura Barry "Backless to the Future"

More details on the competition are available at www.erp-recycling.ie



Change Your Attifood



Steps you can take to reduce your Carbon Food-print:

- Pay attention to the origin of the food you buy. If there is an Irish option, go with that.
- Try your best to buy food that is in season, otherwise we have to import food from other countries.
- Don't be tempted to buy food just because it is on special offer as
- usually it is nearly out of date and will most likely end up in the bin.
- Choose products with minimum packaging.
- Why not try growing your own fruit and vegetables?
- Try composting your organic food waste to reduce the amount of food waste going to landfill sites.

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St. Aloysius' Green Schools Committee

With the water charges looming, the work of the St. Aloysius' Green Schools committee could not be more relevant.

The committee, which is comprised of thirty students from 1st to 6th year, is currently working on achieving their third Green Flag for water conservation. In order to be awarded the flag, they aim to reduce the school's water charges by 20%. They have been busy ladies working on this over the past two years. Some of their successful actions to date have been the installation of push taps in all the bathrooms, the detection and repairing of leaks and the monitoring of the water meter every day. The committee is currently running an awareness campaign on water conservation. This involves informing all the students and staff in the school about why and how water can be saved. An action day will be held on the 22nd of March in which the whole school will participate in a 'No Water Hour' and fun water activities and quizzes will be held throughout the school.

The committee's primary aim is to save water as a sufficient supply of clean water is essential to the health of both people and the environment. However, their water saving ideas could also save you some money in the coming years when the water charges are implemented.

Here are the committee's top ten water saving tips:

1. Don't leave the tap running while brushing your teeth.
2. Keep a jug of drinking water in the fridge.
3. Reduce the time you spend in the shower.
4. Use a basin to clean your fruit and vegetables.
5. Use a bucket of water, not a hose, in the garden or when cleaning your car.
6. Use the half flush button on your toilet to reduce the flush. If you do not have a half flush, use a hippo bag or a bottle filled with water in your toilet cistern.
7. Check your taps, toilets and other water devices for leaks.
8. Only run your washing machine and dishwasher when they are full.
9. Turn off your water supply when on holidays or in the event of a pipe burst.
10. Collect rainwater in a water butt in your garden. This can be used to water your plants or even to flush your toilets.



Carrigtwohill United AFC is at a key stage in its development as a football club, serving the needs of a growing community. The club serves as a platform for the physical, emotional and social development of a generation of young and not-so-young players from Carrig and surrounding area.

After a year of unprecedented growth, the club now caters for about 250 players aged from 6 years old to 12 years old, teenagers and adults, across a total of 9 squads, Under 8s, Under 9s, Under 10s, Under 11s, Under 13s, Under 14s, Under 15s and two Adult teams.

The 9 squads are looked after by a team of 25 trained coaches, up 8 since the start of this season!

Many of the barriers to the club's growth has been removed by the work carried out by the Club committee in recent years.

In comparison to this time last year, this number of club members represents an increase of over 20%, testimony to the success which the club is having in bringing into Ballyadam, high levels of player interest, but also high levels of commitment from a group of enthusiast volunteers that provide quality coaching and supervision to the players.

The club is in close contact with all the other key actors at the local level: other sporting organisations, with whom activities must be coordinated to avoid time clashes, parents who tirelessly bring their children no matter what the weather is like and local businesses who bring their much needed support. This helps to give Carrigtwohill a strong sense of community which benefits everyone.

In pursuing the growth of the club to accommodate increasing numbers of players, Club officers have been worried by the growing need for resources facing the club. Strong linkages with the community are clearly the way to go and Carrigtwohill United AFC is delighted to welcome new partners and sponsors in the club in 2012/2013. Partners and Sponsors help the club financially, but also provide key in-kind support: for instance Ballyseedy the main club sponsor, tend to the playing surfaces, fertilizing the four pitches at Ballyadam several times a year in addition to their important financial support. Ballyseedy are on board as Main Club Sponsor for the long term and Nathan McDonnell, the General Manager is one of the Club's keenest fans.

Last September Carrigtwohill Pharmacy, Costcutter and Steeltech joined our partnership programme, followed by Total Auto Solutions, the Carrigtwohill Dental Practice, O'Donovan Transports and Midleton Veterinary Hospital (formerly Knockgriffin Veterinary Clinic) in January.

Added to the 2011/2012 partners, Hurley's Supervalu Midleton, Airwave Internet, Elm Tree Restaurant, Lakewood Furniture, Mary Geary Childcare, the Guilders Bar and Lynch Tile Centre, this brings the number of club partners up to 14!

In addition to these 14 partners, the Club is just after receiving extra support from the Husqvarna Centre Cork. The recently opened shop in Carrigtwohill (located next to Ballyseedy) is donating Carrigtwohill United AFC a brand new self-propelled lawn mower to keep the grass down in the areas



Barry McGrath, Carrigtwohill United AFC Club Chairman gratefully receives a donation of a lawnmower from Greg O'Riordan the manager of the Husqvarna Centre Carrigtwohill with some of the club's young players looking on.

where the tractor cannot get, such as around the goalpost, inside the goals, under the trees etc...

This new equipment will greatly facilitate the maintenance of the grounds.

Another Development in 2012/2013 has seen vmobile join the club as Schoolboy Jersey Sponsor, so expect Carrig's young players to take to the field of play with the new sponsor on their backs, just above their number.

Mark McCarthy, vmobile's Managing Director was delighted to be able to come on board as jersey sponsor this year, to support the Club's efforts and to see his own sons playing with the new jersey!

Under-11s

The Carrigtwohill United U11 Team are competing in the U11 G5 League.

This league includes teams such as Avondale United A, Carrigaline Hibernians, Carrigtwohill United, Corinthian Boys B, Corkbeg, Glounthaune United, Springfield Ramblers B, Youghal United.

As the season progresses, the players are learning their craft week after week and it is showing on match day.

Each match really illustrates how far these young players have come and how fast they are learning. With every match that is played, it gives players and coaches a taste of what next season may be like when this group moves up to the U12 league.

Here are the last remaining matches that face our U11's:
3rd March at home v Carrigaline Hibernians. K. O.10.30am
17th March. Away to Glounthaune United. Kick Off 1pm
31st March. Away to Corkbeg. Kick Off 10.30am.

Under-13's

Carrigtwohill United U13's are currently second in their league. They have scored 14 goals so far in the league. These goals have come from 9 different players on the squad which just shows the amount of talent there is on this team. This team are also heading to Manchester this Easter to train with the best.

(Continued on page 39)

(Continued from page 38)

Under-13 Manchester Easter Tour 2013

Group Leader: Ger O'Hanlon

Departure date: 29th March 2013

Duration: 2 nights & 3 days

Party: 25 (20 players + 5 adults)

The trip includes an Irish coach from the club for the duration of the tour (including the ferry)

1 x Coaching session with Manchester City youth coaching staff

1 x Friendly match against local opposition

Match tickets for Manchester City game

Manchester City FC souvenir/gift

Tour of Old Trafford Stadium

All in all, hopefully an experience that all the players and adults involved should enjoy!

CSL U-14 Division 5

	Pld	W	D	L	F	A	GD	Pts
Carrigtwohill Utd	7	7	0	0	56	5	51	21
Leeds A	6	5	0	1	33	4	29	15
Cobh Ramblers	7	5	0	2	19	4	15	15
Glounthaune United	6	4	0	2	17	8	9	12
Midleton A	6	2	1	3	13	21	-8	7
Blarney United A	7	2	1	4	8	24	-16	7
Avondale United A	6	2	0	4	13	19	-6	6
Richmond	5	1	1	3	6	16	-10	4
Carrigaline United B	5	1	0	4	6	40	-34	3
Douglas Hall A	7	0	1	6	7	37	-30	1

CSL U-15 Division 4

	Pld	W	D	L	F	A	GD	Pts
Carrigtwohill Utd	8	7	1	0	52	11	41	22
Bandon	8	5	3	0	30	12	18	18
Killinardish Coachford	8	6	0	2	38	22	16	18
Blarney United A	8	3	2	3	15	18	-3	11
Churchvillla	7	3	1	3	27	24	3	10
Midleton A	7	2	1	4	11	22	-11	7
Lakewood Athletic A	8	1	3	4	8	25	-17	6
Carrigaline United A	7	1	1	5	4	25	-21	4
Leeds A	7	0	0	7	7	33	-26	0



Under 8

Premier A

	Pld	W	D	L	GF	GA	Pts
Kilreen Celtic	6	4	1	1	27	6	13
Douglas Hall	7	4	1	2	23	8	13
Innishvilla A	5	4	1	0	11	3	13
Glen Celtic A	6	4	1	1	13	11	13
Carrigtwohill Utd A	6	13	2	1	23	6	11
Kanturk	4	3	0	1	10	5	9
Grattan United	7	2	1	4	8	14	7
Bohemians	7	1	2	4	8	24	5
Blackstone Rovers	5	1	0	4	5	15	3
Leeds	9	0	1	8	5	41	1

AUL Division 3A

	Pld	W	D	L	GF	GA	Pts
Glen Celtic B	8	7	0	1	35	12	21
Knocknaheeny Celtic	10	7	0	3	32	24	21
Carrigtwohill Utd B	10	6	1	3	25	13	19
Evergreen	12	5	2	5	28	24	17
Leeview Athletic	9	4	3	2	20	18	15
Tower Athletic	8	3	1	4	14	15	10
St. John Boscoss B	7	2	1	4	10	14	7
Carrigaline United	11	2	1	8	15	34	7
Dunbar Celtic B	9	1	1	7	11	36	4



Under 9



Under 11



fáilte cúig

Cumann Peil Gael na mBan Carraigtohill

www.carrigtwohillgaa.com

A new season is upon us, the relevant teams have started back training and some teams have a couple of games under their belt.

Carrigtwohill Ladies Football Club caters for all ages from Fé 8 up to Intermediates (Adults).

For the juvenile section (Fé 8 to 16) the training sessions play a vital role in the development of the basic skills that our younger members learn and mature on. These young players are the club's future and we would appeal to parents to get involved in these training sessions, as your help is most welcome. New members are welcome and if you wish to joined contact any of the committee members or send us an email to

Carrigtwohill.ladies.football@gmail.com

Committee 2013

Chairperson	Olivia Buttimer	087-2343348
Secretary	Trish Brennan	087-9692723
	(carrigtwohill.ladies.football@gmail.com)	
Treasurer	Phil Sheehan	086-3499102
Asst Treasurer	Maura Fitzgerald	086-3276350
P.R.O	Pádraig de Búrca	086-8114305
	(carrigtwohill.ladies.football@gmail.com)	
Asst. P.R.O	Aoife McCarthy	
County Board Rep	Liz Ahern	087-6188087
East Cork Board Rep	Paul O'Connell	086-6021470
Insurance Officer	Phil Sheehan	086-3499102
Child Officer	Michelle Moriarty	086-8774330
Language Officer	Phil Sheehan	086-3499102
GAA Officer	Pádraig de Búrca	086-8114305



24th Páidí Ó Sé Football Festival (Feb 22 – 24)

The Erins Own/Carrigtwohill Intermediates footballers involvement came to an end at the semi finals stage of the Páidí Ó Sé Football Festival when they were beaten by the last kick of the game in extra time.

Congratulations to all involved for a magnificent performance.

Cork Fé 14 Ladies Football:

Congratulations to Aoife McCarthy on joining the Cork U14 selectors and Ciara Brennan becoming a member of the Cork Fé 14 football panel.



We wish Aoife and Ciara all the best for the forth-coming season.

Fé 16 Results and Reports:

09/Feb/2013: Carrigtwohill 6-7 5-8 Lisgoold

24/Feb/2013: Na Piarasigh 1-2 6-4 Carrigtwohill

Carrigtwohill U16 Ladies made it 2 wins from 2. After a slow start by Carrigtwohill, we saw our back line and keeper having to work hard to keep Na Piarasigh scoreless in the opening minutes.

Carrigtwohill grew in confidence after the first goal was scored and from here on controlled the pace of the game. Carrigtwohill scores came from a combination of good team work, smart use of the ball and a strong desire to win.

All 17 players were used and contributed well to the score line.

Team: - Emily Horgan, Niamh Olden, Hannah Kierans, Latisha Moriarty, Lisa O' Hanlon, Caleigh Boland, Anna O' Mahony, Zoe O'Hanlon, Susan Higgins, Sarah Flynn, Aisling Crowley, Ciara Brennan, Emily Daly, Sarah Grimes, Sarah Warren, Claire Doran, Carol O'Donoghue.

Fé 14 Results:

16/Feb/2013: Carrigtwohill 3-01 5-15 Youghal

Fixtures:

Fixtures are posted on the Carrigtwohill Ladies Football Website (<http://www.carrigtwohillgaa.com/ladiesfootball/ladiesfootball.html>).

Follow Carrigtwohill Ladies Football:

1. Website: <http://www.carrigtwohillgaa.com/ladiesfootball/ladiesfootball.html>
2. Facebook: Carrigtwohill Ladies Football Club.





Erin's Own/Carrigtwohill Intermediate Footballers at the Páidí Ó'Sé Football Festival



Carrigtwohill U-14 Ladies Football Team who played Youghal



In the Garden

with Michael Clancy,
Fota Garden Centre



Spring has finally arrived. Spring is the season of rebirth and new growth and it is in early spring that this rebirth is most noticeable.

In what seems like an overnight emergence, the first of the spring bulbs are suddenly flowering and there is a metamorphosis of winter greens into mounds of colour.

It's difficult during the long winter months to accept the benefit of our prolonged rainfall. Again, this January has broken more records with rainfall and a lack of sunshine. The only cold during this winter has been sporadic and as soon as we get used to it, the weather warms up again.

Many gardeners did not venture out last year due to the weather conditions, if this accurately describes you, then there is much catching up to be done this year.

Gardening is a matter of working with nature in a confined space and if you are to get the most out of your garden, then a certain amount of work is required.

There still is plenty of time to do much of your winter pruning.

Plants such as Escalonia and Hypericum should be given priority as they tend to start growing at an earlier date than other shrubs.

Some varieties of Spirea bloom early in the season so care should be taken not to prune them until after they finish blooming.



Finish pruning all roses before St. Patrick's day and spray them with Roseclear afterwards, this will kill the spores of rust or blackspot and any insects which have survived over the winter months. It's a good idea to also spray the soil on

the surrounding area with roseclear and remove any weed, where spores can shelter.

Now that the weather is getting warmer, one can think about planting for the season ahead.

Begin by planning ahead, I like to spray with roundup 2 weeks before planting. This chemical is of no use during the winter season, but once growth begins again, roundup can be a great labour saving chemical.

Many people do not like to use chemicals weed killers in the food chain, but when growing ornamentals, this should not pose a problem.

Roundup is one of the safest chemicals on the market and when it hits soil, it is rendered inactive.

Chose a fine day to do your planting, if the ground is too wet then you will only create more problems.

Dig over the area with a fork to begin and add in a generous amount of organic material, this can be either well rotted manure or compost.

Chose your plant material carefully, do not depend on the information on the plant labels, sometimes it can be misleading.

Make your choices based on seasonal colour, times of flowering, size and tolerance of shade.

Don't be in a hurry to plant them, make sure you are happy with the way the plants look before hand.

It can be very frustrating watching people space plants out in a shrub bed equally, with no regard given to the way they grow. Many garden centres will offer a planting service or simply deliver the plants and place them for you.

When planting is completed, a top dressing of general purpose fertilizer can be very helpful and always try to water in the plants as the root ball will make better contact with the soil in the hole.

Please feel free to call me with any gardening questions you may have or come visit our garden centre, adjacent to Power Aggregates in Carrigtwohill
Telephone 087 237 9525

SmileFM is a Community Radio Station based at Fotapoint Enterprise Park in Carrigtwohill but it will broadcast to Little Island, Glounthaune, Carrigtwohill, Middleton and surrounding areas,

Volunteers broadcasters, producers and researchers are presently developing their skills by producing fortnightly podcasts which are available on the website www.smilefmcork.com.

Just log in and select the programme you want to listen to.

All past programmes are also available in the archive area.

The next podcast will be available from March 24th.

What's Topical? is produced by Denise Roche and the last programme was a special for Mothers Day looking at mothers and how we appreciate them.

Trish Ryall does a fortnightly interview with a mover and shaker from the business community. The current one is with Kay Flynn, Senior Director European Shared Services Lilly, Little Island,

Holy Matters is a programme produced and presented by Daphne Spillane and recent interviewees include Fr. Michael O'Loinsigh from Middleton and Jerry Wallace, an undertaker.

A comprehensive sports programme is produced by a team headed by Dermot O'Connell from Glounthaune and features all the current sports news plus interviews. Well known local horse trainer Terence O'Brien and legendary hurler John Fenton were recently featured.

A news programme covers all the local news and also lists all the entertainment dates in the area.

An Guth Anoir is a programme presented in the Irish language by Dermot O'Connell.

Volunteers in all areas of broadcasting are actively welcomed.
Email info@smilefmcork.com

www.smilefmcork.com

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The Future is Emerald

Hello 2013! First, let me wish you a happy, colourful and stylish New Year!

I look forward to sharing tips and news through what promises to be a colourful year ahead.

In the meantime, [Pantone](#), the world authority on colour, has nominated **EMERALD** as their **2013 colour**. Emerald is a universal colour which means that it suits all colourings. From pale blond to dark brunette, everyone can enjoy wearing this shade.



Bring emerald into your life in 2013



chaircoverdepot.co.uk



Jake Hancock flickr



JL Gaudi

Emerald is, of course, a beautiful green precious stone that no girl would turn down! Green also surrounds us in nature. It is a wonderfully calm shade representing harmony, wellbeing and rejuvenation. It's no surprise that city dwellers feel more relaxed the minute they hit the countryside!

Before we get on to your wardrobe, remember that green is a very versatile shade and can be brought into your home, office and every area of your life. Try some emerald covers for your dining chairs, a beautiful green glass vase or pin some images of greenery by your desk at work.



LaRedoute



Phase Eight



River Island

Emerald on a linen, cotton or wool will appear matt and therefore will suit Lights (pale blondes), Warms (the red-headed) and Softs (the muted high-lighted woman à la Kylie Minogue) who will all look up to date with Emerald in their wardrobe - albeit a softer version of it.

Of course Emerald is not exclusively to be worn head-to-toe. Whether for work or leisure, mixing emerald with other shades from your palette will allow you to achieve a look that is personal and current.

Choosing the right shade



The Cate Blanchett lookalikes (blond, pale, blue eyes) can wear their Emerald with other pale shades - think with Pastel Pink or even Cocoa.

The Halle Berry and Penelope Cruz of this world (dark hair, dark eyes) can wear their Emerald with lime, bittersweet reds and even black.

Christina Hendricks and Tyra Banks, with their golden skin tone and red hair, will look gorgeous in Emerald and could create some interesting looks when mixing with Primrose yellows and tangerine shades.

Those of you with pinky or bluey tones to the skin and hair with natural highlights (ie: going grey) and blue eyes (think Jamie Lee Curtis and Helen Mirren) will look wonderful in Emerald which they can mix with pale greys for an elegant look.



Emerald is made for those women with bright, sparkly eyes and dark hair.

Think of our own Duchess of Cambridge, (also Aishwarya Raj, Dita Von Teese and Ophra Winfrey) who will look striking wearing the sparkliest of Emerald.

If they want to introduce another colour to wear with it, they would be better off looking at Mint shades, or for contrast white or black.

Finally, if you are Kim Cattral, Kate Winslett or Beyonce with their highlighted hair and soft muted eyes your Emerald will need to be less sparkly and more muted so that it does not to take the shine off you.

If you want a blended look to match your colouring, wear it with Sage or Jade Green



"The Ballyseedy BBQ Fun Day"

(in association with Tour de Munster)
In aid of Down Syndrome Munster

**Saturday 20th April 2013
12-4pm**

**Carousel- Bouncy Castle-
Live Band- Face Painting...
and lots more fun**



**Raffle for Munster Jersey,
Ballyseedy Hamper, Meadows
& Byrne Voucher, Plant Pots
etc etc**



**Meet your Favourite Munster
Rugby Stars from 2-4pm!**

Ballyseedy Charity BBQ in aid of Down Syndrome Ireland

**Saturday 20th April,
Fota Retail Park,
Carrigtwohill
12pm – 4pm**

Ballyseedy Home and Garden, at Fota Retail Park, Carrigtwohill, is hosting a fun charity fundraising event on **Saturday 20th April** in aid of **Down Syndrome Ireland, Munster**, with special guest appearances from members of the **Munster Rugby team!**

Taking place from **12pm – 4pm**, Ballyseedy is inviting families to join them for a fun filled barbeque, where all the proceeds will go to **Down Syndrome Ireland, Munster**.

There will be lots of fun and games on the day, including a **Carousel, Bouncy castle, Live Band**, Pony Rides not to mention a marquee so come rain or shine, it will be a great day for all the family! There will also be lots of exciting raffle prizes to be won including a signed **Munster Jersey, Ballyseedy Hamper, Meadows & Byrne Voucher, plant pots** and many more!

Nathan McDonnell, owner of **Ballyseedy** said

"We're really looking forward to this our second year working with Down Syndrome Munster.

It is such a worthy charity and we hope we can help raise lots of funds for them on the day."

It will be a fun day out for all the family and we are also really looking forward to meeting some of the Munster rugby players!"

All funds raised on the day will go to **Down Syndrome Ireland**.

For information on **Ballyseedy Home and Garden**, visit www.ballyseedy.ie

Money Advice and Budgeting Service MABS

The Money Advice and Budgeting Service (MABS) is the only free, confidential, independent and non-judgmental service for people in debt, or in danger of getting into debt, in Ireland.

Their Helpline (0761-072000) operates Monday to Friday from 9am to 8pm.

You can also send an email to helpline@mabs.ie if you have any questions. They are a national service with over 60 offices nationwide. For details of your nearest office, visit the **Contact MABS** area of their website.

The Citizens Information Board have statutory responsibility for MABS.

MABS is funded and supported by the Citizens Information Board (www.citizensinformationboard.ie).

MABS works with clients by supporting them in drawing up realistic budgets and maximising their incomes. MABS also supports clients in dealing with their debts according to their budgets. MABS does not give "financial advice" – they do not advise clients on investments or on specific financial products.

MABS also does not give out money.

About Us

- Founded in 1978 by parents in Cork with autistic children
- Late 1980's - Purchase and renovation of Greenville House Residential Care Centre
- 1991 - Greenville House officially opened by President Mary Robinson
- 2005 - Purchase of Crobally House Respite Centre
- 2007 - Opening of Crobally House Respite Centre coinciding with the beginning of the CAA's outreach services
- 2009 - Opening of the new CAA Admin Office in Cork City

The CAA has been providing residential supports to **adults with Autism** since 1991. It is based upon a 'home away from home, home for life', non clinical principle.

Our residential service is provided from our centre at Greenville House, Carrigtwohill and consists of a five bed-roomed house, six two bed-roomed cottages and a three bed-roomed apartment. We also provide respite support and Day Service support in Mogeely, East Cork.

Services We Provide:

- Residential Care
- Day Facilities
- Respite Centre
- Outreach
- Home Support



The Cork Association for Autism - Supporting Adults with Autism and Asperger Syndrome

Residential Care:

- Beautiful, fully staffed residential care facilities
- 'Home away from home' atmosphere
- Tranquil, non-clinical environment
- Integration with local community
- Educational and recreational activities

Day Facilities:

- Meeting the holistic needs of Adults with Autism
- Transport to and from the Day Centre is provided
- Wide range of activities incl. Horse Riding, Aromatherapy Horticulture and Yoga
- Active community inclusion programme
-

Respite Care:

- Specific properties surrounded by beautiful gardens
- Providing a well needed break for families of adults with Autism
- Day-trips to cinema, swimming pool and theatre
- Development of daily living skills

Outreach Service:

- Individually tailored, person-centred support

Support is focused on the following areas:

- Education
- Employment
- Mental Health
- Social Skills
- Self Awareness
- Housing
- Rights & Entitlements
- Relationships & Sexuality
- Communication & Language
- Advocacy, A.S/H.F.A Awareness Raising

How YOU can help the Cork Association for Autism

We are supported and funded through HSE South but rely on

(Continued on page 47)

(Continued from page 46)

fundraising and donations to keep our services focused on high quality front line delivery. These days...every cent counts....

- €100 provides educational training packs for 2 individuals with Autism
- €500 provides 1 i-pad with an Autism Communication App for 1 non-verbal adult
- €1,000 provides 20 individual therapy sessions for 1 month
- €5000 provides respite for 20 families of a 1 month period
- €10000 provides a dedicated vehicle to help facilitate integration into the community

Whether you wish to help as an individual, as part of a community group, through work, school or college, there are so many ways that you can support the Cork Association for Autism.

This year we need to raise **1 million euro** – you can help us through donations or fundraising.

You can also help the Cork Association for Autism by volunteering your time or you could help us by spreading the word about the CAA.

Why we need Volunteers

During the year the CAA runs a variety of fundraising events that help to raise the awareness of the work that the CAA does on an annual basis and also helps to fundraise much needed financial support to ensure the on-going provision of these services to the families and clients that needs them the most.

We can guarantee that our Volunteers will receive training and support from our fundraising office and also enjoyment from the work that you will be helping to achieve.

The Cork Association for Autism needs **YOU** and your **SKILLS, ENTHUSIASM** and **TALENTS** to help maintain the services that the CAA provides.

For further information please contact:

Louise O'Sullivan
Cork Association for Autism
18 Cook Street
Cork City
021-4271808, or 086-4163816



Events Diary

Saturday April 6th

Open Gardens Crobally, East Cork
Explore the beautiful gardens of Crobally House
Please contact 0214271808 for more details

Sunday April 7th

National Autism Awareness Forum
Radisson Blu Hotel
Workshops, information sessions, panel discussions
Details to follow

The Autism Awareness Forum (AAF) hosted by the Cork Association for Autism, will bring together the country's leading experts to share the latest trends, topics, treatments and therapies surrounding the fastest growing neurodevelopmental disorder in the country. The conference aims to cover a wide range of topics, including everything from advocacy to cutting-edge research.

This will be a one day forum which will aim to meet the needs of professional staff, parents, educators and students that have an interest in keeping up to date and opening further discussions and research in relation to the wider research area of Autism. The project will generate discussion, interest and educational debate around the whole area of Autism – this in turn will create demand for further informational sessions and bring the issue of Autism to the forefront of the general public's awareness and also help families in lobbying for further information and support for the person they are dealing with who has Autism.

The Forum will also heighten awareness about Autism and Asperger Syndrome whilst informing families affected by this disability and improving professionals knowledge base.

Thursday 2nd May

Annual Flag Day
Target €10,000

Carrigtwohill Cultural Street Festival Sunday August 25th 2013

*All the traditional attractions
plus lots more*

A Carrigtwohill Community Council Promotion



Mary Geary's

Carrigtwohill Creche,
Playschool & Afterschool Club.

Spread your child's wings at Mary Geary's childcare.

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from 4 years up to 12 years**

Full day care service provided

School pickup & drop off

Homemade nutritious meals

Supervised homework

Outdoor activities: 3 playgrounds, football, weekly trips to all weather facility,
trips to Go Safari, parachute games, nature walks etc

Indoor activities: computer learning, shared reading, arts & crafts & much more.....

"Those that teach young babes do so with gentle means and easy tasks"

Contact us on 021 4533802



Black Belt Grading

The 15th of December 2012 was a very historic day for the students of The J H Kim TaeKwon-Do institute, based in Carrigtwohill, Cork, Ireland .

For the students involved, who had undertaken as many as sixty classes in the previous four months in preparation for what was to be one of the biggest achievements in their lives to date, were understandably experiencing a mix of emotions as their barrels of enthusiasm were delicately balanced with a (to be expected) supply of nerves.

They appeared primed and ready for what the next six hours had in store for them .The grading commenced at nine o'clock in the morning with the first group of four students being asked to showcase the basic skills and knowledge of the art which they have acquired over their years of training.

An abundance of skills, both accurate and powerful were on show as they made their way up and down the hall. Any mistakes which may have been present in the anxious few weeks leading up to the big day were blatantly absent as all involved gave a commendable account of themselves in the early going .

Patterns and step sparring were performed with precision and flair as the students continued to impress all those in attendance.

A first for European TaeKwon-Do, the all-round system known as full-range sparring was undertaken with the power, speed and accuracy expected of black belt candidates.

The students can be proud of the fact that they gave this system a proper first showing on European soil .

The grading was completed when we asked the students to do self defense which had been pre-prepared.

The breaking of the boards was to act as the curtain call for the event as the students battled with the pressure of being watched by both a gathered gallery and the knowledgeable gaze of the many black belts present.

The Awards dinner was held in the beautiful Elm Tree where the Belts were handed out to the students one by one as I



welcomed them in to the Black Belt ranks .

I pointed out the importance of what it meant to be a black belt and what responsibility went with the rank.

All involved represented their families, their club and most importantly, themselves admirably and can be incredibly proud of their efforts and achievement in

getting to the position of black belt which they hold today.

A very special mention must go to an incredible group of young boys who have, in the past, made the jump from junior black belts to normal coloured belts and now the almighty leap to the position of full black belts.

What is unique about this group is that they are all under the age of ten and apart from attending the same dojang, they share the same classroom, making them a very special group altogether.





Carrigtwohill Camogie Club

Committee

Chairperson	Caroline Dixey
Secretary	Sheila Boland
Treasurer	Jackie Bogue
PRO	Karen Horgan
CWO	Mary Hincliffe

Contact us on:

www.carrigtwohillgaa.com/camogie

Welcome back everyone !

The Club is busy preparing for the new season and the Club is very busy already with Registration for the coming 2013 season currently taking place.

Training has also commenced in the great facility of the Carrigtwohill all-weather pitch and will transfer to the GAA pitch in early March.

If you would like to register with the Club, which is open to children from ages U6 (National School) to adult.

Annual membership is €20.00.

We cater in the following age groups:

U6 (must be attending National School), U8, U10, U12, U13, U14, U15, U16, Minor & Junior.

Training times:

Junior/Minor	10.30 - 11.30
U16	11.30 - 12.30
U14,U12,U10,U8,U6	12.30 - 1.30

Our excellent coaching staff are also eager to get back to coaching and playing games this year.

The coaching staff for the 2013 season are as follows:

U6 Coaching Unit:

Natisha Durity & Betty O'Donovan,
Tara Le Guilloux

U8 Coaching Unit:

Val Cotter, Bryan O'Flynn,
Lorraine O'Connell

U10 Coaching Unit:

Jackie Bogue, Caroline McCarthy,
Amy Horgan, Arthur McCarthy

U12 Coaching Unit:

Ger Horgan, Thomas Crowley,
Karen Horgan



Denis Walsh, GAA Club Chairman: Caroline Dixey Camogie Club Chairperson: Sheila Boland Camogie Club Secretary and Fr. Anthony O'Brien P.P.

U14 Coaching Unit:

Mick Boland, Deborah O'Mahony

U16 Coaching Unit:

Mick Boland, Ger Horgan,
Caroline Dixey

Minor/Junior Coaching Unit:

Majella Sylvester, Dave Coady,
Mary Curtin

U6

The focus on this age group is on 'learning the Camogie skills through fun' and all non-competitive in this age group. Numerous challenge games were played with other Clubs in East Cork and City. Last year we held very enjoyable 'street leagues' with over 100 girls taking part in matches over two week-ends. This was thoroughly enjoyed by coaches, parents and players. The older girls in the Club stepped up and took the jobs of coaches and referees for this event.

2013 will be even more competitive !

U8

A non-competitive environment for this age group. Because of the large amount of numbers in this age group last year, we had 2 teams entering the 'Go Games' series. The matches ran all summer to various venues in East Cork and they were presented with well deserved medals in a Gala Blitz in August.

U10

Again a non-competitive environment for this age group. Last year the girls took part in the 'Go Games' series throughout the summer and clocked up the miles around East Cork.

U12

Competitive 'Go Games' through the Summer and a gala blitz in September in Castle Road. All the girls had a fantastic time, with them winning the final. The girls were ecstatic receiving their well deserved medals and mementoes from the County Board on the day.

U14

We started the season with a panel of over 20 players playing in the County "B" grade. This young team did very well in a very competitive grade.

In the U13 Imokilly League, Carrig were selected to play in the "A" Grade and we played in the plate Final and what a game this was, full of skill, passion and determination.

Carrig were eventually beaten by a goal, but what a panel we have for 2013. The Club ran a 'competitive go games' for this age group during the summer and great fun was had by all.

U16

Some great Camogie was played during last summer. We made the semi final of 'A' grade section v Sars.

We were beaten on the night but the character we showed against the U16A County Champions was brilliant. I think it was our best performance of the year in this grade.

Some of these girls move to Minor this year, which augurs well for the future. Well done to players in the U14 and U16 age group who continue to represent the Club in Divisional and County level.

(Continued on page 51)



(Continued from page 50)

Minor/Junior

2012 was the first time we fielded a Minor team. The girls put in some marvellous displays during the summer, qualifying for a place in the county final.

A super performance defeating Cobh in the County Final. A terrific performance by the girls.

The newly acquired Junior team started off the year in April, with some hard work being put in prior to this.

The Championship commenced in August and the girls put on a brave display. We are anxious to increase the numbers in the Junior team this year and we are actively recruiting.



Overall the club were involved in playing over 100 matches during the year with participation in the annual Cúl Camps each summer.

Our famous 'Street Leagues' proved to be an enormous success and everyone is relishing these games again this year.

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Thank you to our sponsors, donators and advertisers for your generous contributions made during the year - O'Brien's Butchers, Paul Twomey Costcutters, Carrigtwohill Pharmacy, Carrigtwohill Dry Cleaners, Fota Hotel, Merck-Millipore, Little Island Pharmacy, Nutmeg Bistro, Ahern Centra, Carrigtwohill Pharmacy, Elm Tree Restaurant, Roche's Garage, Mary Geary's childcare, Roma Walsh physiotherapy, Carrigtwohill Cabs, Cotter's Pharmacy, General Electronic Alarms, Guilders bar, Thai Irish Restau-



rant and individual donations that were made during the year.

If you would like to get involved with the Club in any capacity, we would be delighted to meet with you.

If you require further information, please log onto our website where regular updates are placed on all activities that are happening in the Club.

Be Active After Schools Activities Programme Recommencing in 2013

The stretch of daylight in the evenings is ever increasing at this time of year along with slight increases in temperature. These changes are a sure sign that Spring is here.

Further evidence of this was the sight of the Caretaker and Maintenance Manager at Carrigtwohill All Weather Facility (AWF) washing down the ride on lawn-mower earlier this month.

This is a sure sign of the enthusiasm all at Carrigtwohill AWF have for the growth during the Spring and Summer seasons.

In keeping with the current season, we plan to do some growing of our own with the expansion of the Be Active After Schools Activity Programme in April 2013.

Last year was a great success and we hope this year will be even bigger and better.

It will be open to pupils in both Scoil Cholchair Mhuire and Scoil Mhuire Naofa from junior infants to second class and is set to commence after the Easter holidays.

The primary aim of the programme is to give children a safe, structured and professionally supervised environment where they can learn new movement skills and be physically active.

Like last year, in order for this initiative to be successful an active role from volunteers will be essential. Last year we had mainly parent volunteers. The roles involved will include supervising the children and assisting in coaching the games and activities.

Letters and registration forms will shortly be circulated to parents through the schools and an information night for volunteers will take place prior to the commencement of programme.

Since Christmas the pitch has been in almost full swing at evening times with local clubs, companies and recreational users. Along with this we have had two Secondary Schools 7-a-side soccer tournaments in aid of the ISPCC and Irish Heart Foundation.

This involved mainly students from CBS Secondary School and St. Colman's Community School, both located in Midleton.

Many thanks to all who helped with these events including the two schools who allowed us to advertise the tournaments



in the schools and all the volunteers involved on the tournament days.

The Friday Night Youth Activities Project is continuing to be popular among the local teenagers.

Numbers in attendance at this time of year are averaging at 12 – 14 with the average age of participants 14 years. At the moment the programme is organised for males only. It takes place at the AWF on Friday nights from 1930 – 2030 at a cost of €2.00 per player.

If anyone is interested in organising a similar project for teenage girls I would be delighted to hear from you.

For further details on any of the pro-

grammes taking place or if you are looking to hire out the pitch contact me, Colin Santry, on 0879867596, all-weather@carrigtwohillcommunity.ie, www.facebook.com/carrigtwohillawf.

Finally, I did an interview with smilefmcork.com earlier this month on their 'Game On – Sports Programme.' It included information on the history of the All Weather Pitch and events currently taking place.

This podcast can be listened to online at <http://smilefmcork.com/game-on-sports-programme/>.

*Colin Santry
Community Development and Facilities
Administrator*



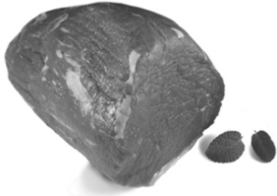
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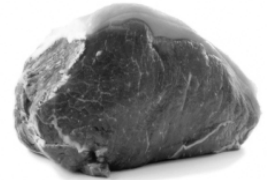
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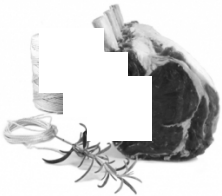


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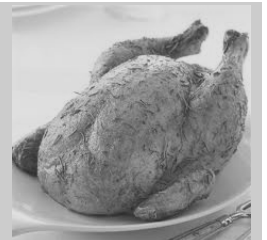
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You can also drop your bike into Carrigtwohill Community Centre and it will be passed on to SECAD.

Family Resource Centre Summer Scheme Dates:

w/c 1 st July	Pre school children
w/c 8 th July	1 st , 2 nd & 3 rd Classes
w/c 15 th July	4 th , 5 th & 6 th Classes
w/c 22 nd July	Juniors & Seniors
w/c 29 th July	Teen Scheme

Charge €50 per child & €40 for siblings

Sponsored Walk in aid of Family Resource Building Fund:

Date for your diary: Wed 1st May 2013

Newsletter Production

All input for the Newsletter should be sent to:
The Editor, Dave Moore at
carrignews@eircom.net
087-6290574

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Annette Lane
086-3225229/021-4882265
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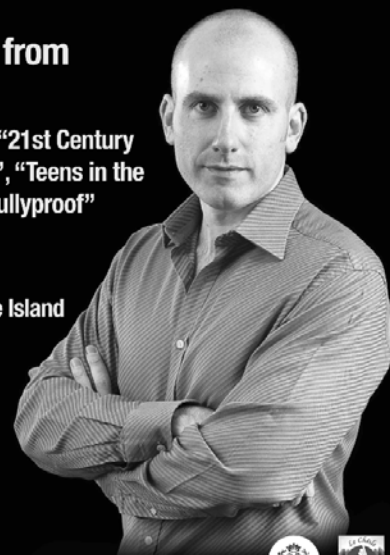
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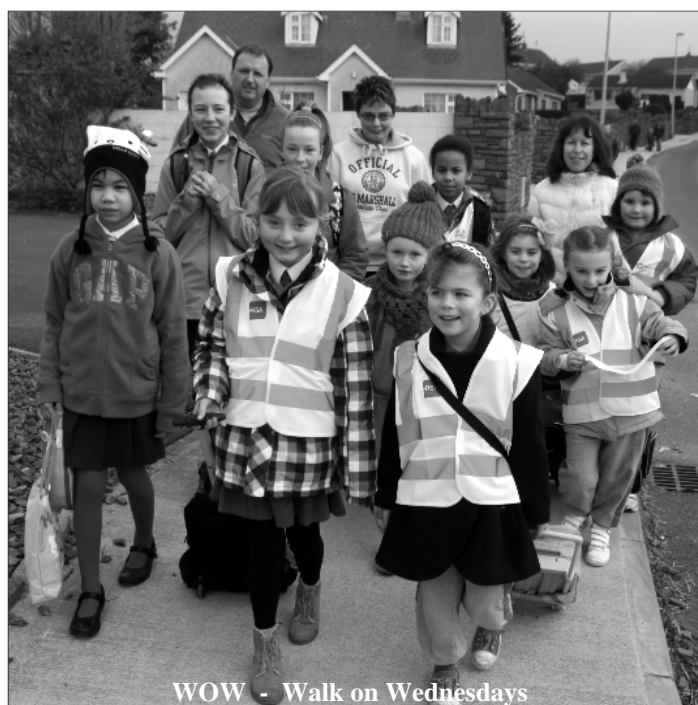
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Talk and Q&A session
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18th April
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Tickets: €10
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advance booking essential
Contact : 021 4883341



Event supported by the St. Aloysius College, Parents' Association



WOW - Walk on Wednesdays



St. Mary's Parish Church

As I write these few lines during the penitential season of Lent in preparation for the celebration of the Easter Triduum we are witnessing the resignation of Pope Benedict XVI and when you read this issue of Carrigtwohill Community News the new Pope may well indeed be already elected. Historic times indeed. May God bless all.

This is also "Stations" time, a tradition that goes back to Penal times in Ireland where Mass is offered in a house for all the families in that Station area, usually a few townlands or a section of an estate. After Mass some refreshments are served. As well as giving time to God, it is a great occasion, twice a year on a rota basis, for neighbours to meet and socialise, especially new people to an area, rather than just saluting one another from our cars. It is also an occasion for parishioners to contribute to the support of the priests.

On Wednesday 10th April we will welcome our recently ordained Bishop William Crean to Carrigtwohill when he will administer the sacrament of Confirmation.

During the 40 days of the season of Lent we put ourselves in training, spiritual training, trying to shape our spiritual selves for the big game, in this case, to join Christians all over the world for the celebration of Our Lord's suffering, death and resurrection during Holy Week. We do this by denying ourselves something(s) we like and enjoy in order to have more time for God, other people and especially those in need.

Did you ever write down how you spent every minute of yesterday? Were you surprised at the amount of time you spent doing certain things? Were you surprised at the absence/neglect of time for certain other areas that you thought you highly valued? Did any remedial action occur?

Lent is a time for something like this to happen. Down through the years the Church has encouraged us to pray, fast and care for the needy. All with a view to getting to know Christ better so that we can be sincere in calling ourselves Christians, followers of Christ.

You are most welcome to join us at the following times:
Holy Thursday 28th March for the Celebration of the Lord's Supper at 8.00 pm.

We celebrate the Institution of the Mass and the Priesthood.
Good Friday 29th March Celebration of the Lord's Passion at 3.00 pm

Holy Saturday 30th March Easter Vigil 9.00 pm. The Resurrection and blessing of Easter water.

Easter Sunday Masses 8.30, 10.30 am & 12.30 pm.
Then it will be time for an Easter egg!

Fr. Anthony O'Brien



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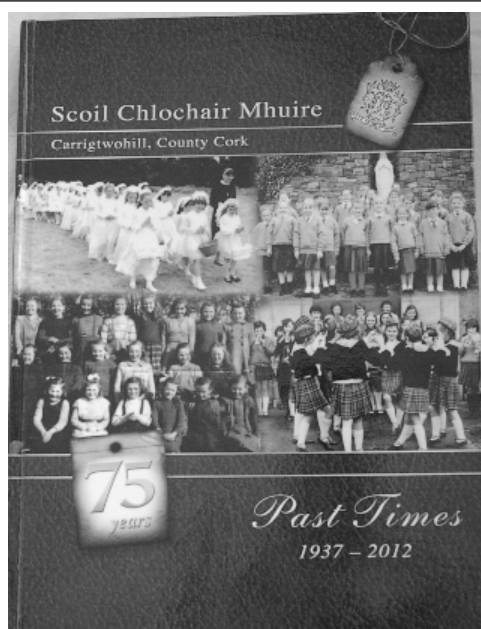
WOW. Walk on Wednesdays

Past Times:

An historical record of the past 75 years of the school at Main Street, Carrigtwohill, that was founded by the order of nuns, The Poor Servants of the Mother of God.

This is a lovely trip down memory lane as it contains photos of classes from the 1920's, when the original school was located at Barryscourt Road, right up to the classes of the present day. This hardback edition is on sale for €25 in Aherns' Centra, O'Briens' Butchers and the Scoil Chlochair Mhuire reception all on Main Street, Carrigtwohill

All profits from the book sales are going towards the school extension fundraising project.



Index to Advertisers

<i>Ahern's Centra</i>	59
<i>Airwave Internet</i>	54
<i>All Aboard Childcare</i>	59
<i>All Weather Facility</i>	60
<i>Ballyseedy Home & Garden</i>	29
<i>Blind Design</i>	2
<i>Bloomsday Flowers</i>	43
<i>Carrigtwohill Cabs</i>	5
<i>Carrigtwohill Pharmacy</i>	34
<i>Cork Cake Craft</i>	27
<i>Costcutters Supermarket</i>	27
<i>Cotter's Pharmacy</i>	54
<i>Court Cleaners</i>	57
<i>East Cork Car Auctions</i>	54
<i>EM Hardware Supplies</i>	43
<i>Farm Fresh Butchers</i>	53
<i>Fota Garden Centre</i>	28
<i>Frank's Takeaway</i>	34
<i>GAA Gymnasium</i>	56
<i>General Electronic Alarms</i>	27
<i>Imokilly Webs Internet Training</i>	57
<i>Jennifer Wilkinson Dietitian</i>	56
<i>Joe Murphy, Plumber</i>	22
<i>MABS</i>	45
<i>Mark Fogarty - Painter/Decorator</i>	54
<i>Mary Geary's Childcare</i>	48
<i>McGuckians Oil</i>	33
<i>MOPS Hair & Beauty</i>	22
<i>Norman Walsh, Solicitor</i>	3
<i>Nutmeg Bistro</i>	7
<i>O'Brien's Master Butchers</i>	7
<i>P.J. O'Driscoll Solicitors</i>	22
<i>Peter Seymour - Appliance Repairs</i>	57
<i>Power Aggregates</i>	28
<i>Roche's Garage</i>	5
<i>T & N Landscaping</i>	43
<i>Vincent's Shop</i>	22

David Syme Internationally renowned pianist makes return visit to Fota House.

Friday March 22nd at 8.00pm

On Friday, 22 March, Internationally renowned pianist, David Syme, makes a welcome return visit to Fota House.

Syme, an alumna of the famed Juilliard School of Music is a protégé of the late master Jorge Bolet.

He has performed in eighteen countries and divides his time between the U.S. and Ireland, where he has a home in Castletownbere in West Cork.

He is hoping to make Ireland his permanent home in the near future.

His in-home recital series has garnered national acclaim and has been attended by Maureen O'Hara and Christy Moore as well as scores of enthusiastic followers who travel up to several hours to hear him play.

David's reputation grew when this series was profiled by Mary Kennedy on RTE's Nationwide.

David has appeared in The Lincoln Centre and Carnegie Hall in New York and Kennedy Centre in Washington, D.C. He has also played at Wigmore Hall in London and major venues throughout Europe.

He is to play at a lunchtime concert in the John Field Room of the National Concert Hall on 9th August next.

He has recorded over twenty CD's with such orchestras as the Royal Philharmonic, the Vienna Symphony and the Czech National Symphony.

Last summer he released a recording entitled "Music from the Ahabeg Road".

His programme will comprise of masterpieces of the piano by Chopin, Liszt, Ravel, Rachmaninoff, Debussy and Gershwin.

As is customary at Fota House, complimentary wine will be served at the Interval.

Date:	Time
Friday, 22 March 2013	8.00 p.m.
Venue:	Tickets
Fota House, Carrigtwohill	€20.00
Pre booking advisable - to book please telephone 021-4815543	

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